

# RECREATION

NATIONAL RECREATION ASSOCIATION

• SEPTEMBER 1960

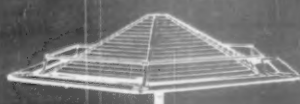
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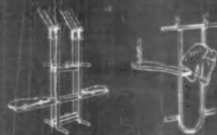
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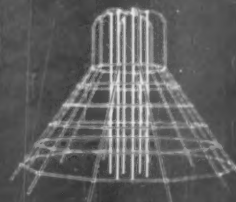
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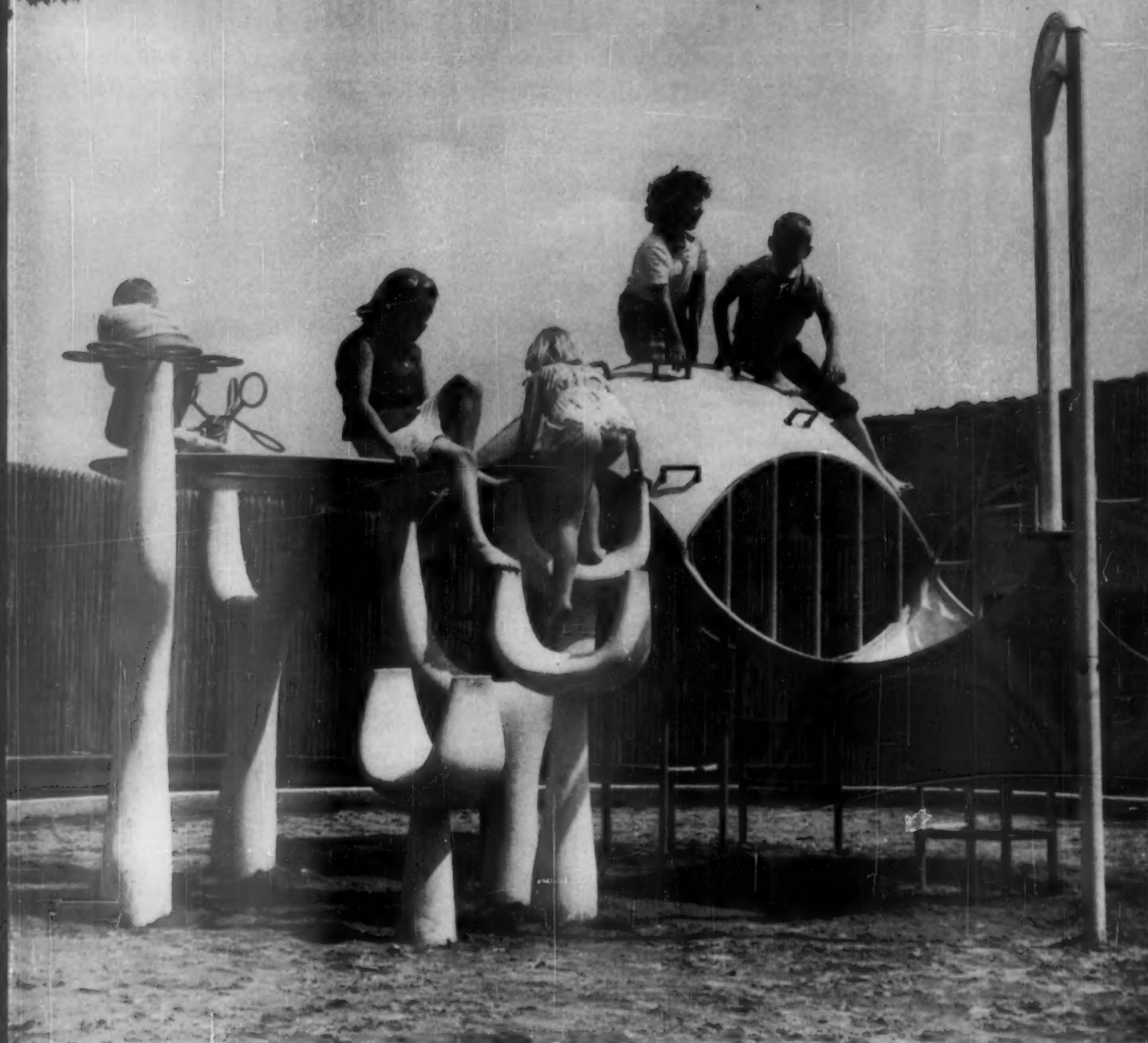
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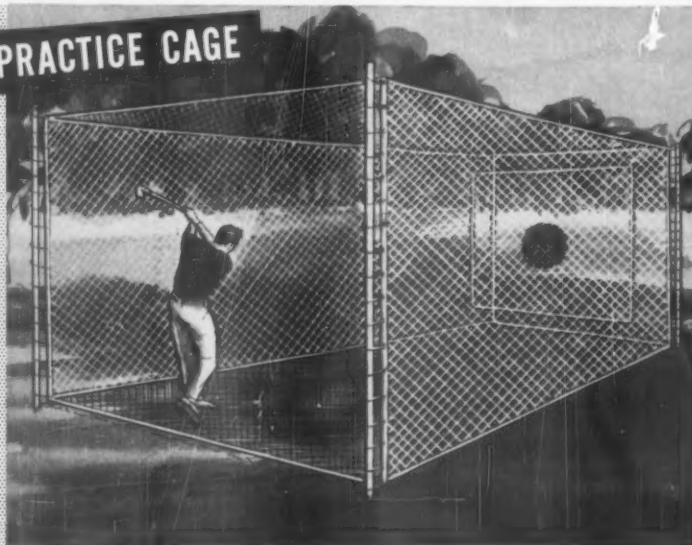
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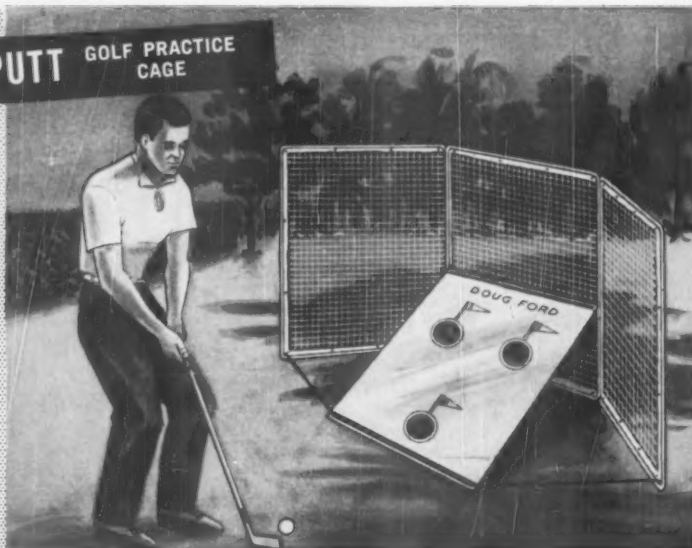
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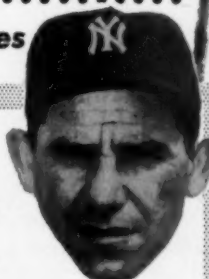


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# RECREATION



THE MAGAZINE  
OF THE  
RECREATION MOVEMENT

SEPTEMBER 1960

VOL. LIII NO. 7

PRICE 60c

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## ON THE COVER

The graciousness of our national capital is expressed in the simple and beautiful lines of the Washington Memorial — one of

the first things seen when approaching the city.

## NEXT MONTH

The psychiatrist looks at the recreation leader in "The Recreator: Therapist or Therapeutic Agent?" by Dr. Ralph W. Meng, assistant superintendent, Mental Health Institute, Clarinda, Iowa. Joseph Prendergast gives details of national and community aspects of the National Cultural Center in Part II of his three-article series. "Our Superurban Complex" covers long-range planning of park and recreation areas versus community economic objectives. Ideas for Christmas, teenage program, a party for election night will be among other topics.

## PHOTO CREDITS

Page 302, (Rockefeller) Gábor Eder; 303, (Brown) S. Stanton Singer, U. S. Department of Health, Education, and Welfare; 404, (sailboats and baseball game) Abbie Rowe, National Park Service; 306, (Prendergast) Fabian Bachrach; 312, Dee Brown, St. Louis, Missouri; 313, Jess Snyder, Tacoma, Washington; 317, (Musselman) courtesy *Living for Young Homemakers*; 319, Bray Studio; 326, (top right) Smith Studio, Raleigh, North Carolina; 330, M. Gabrielsen.

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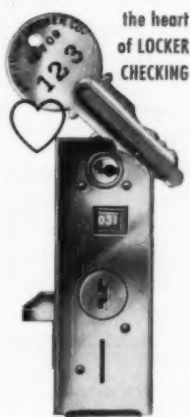
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A service affiliation with the National Recreation Association is open to all public and nonprofit private organizations whose whole or primary function is providing or promoting recreation services, or to those organizations which include recreation as an important part of their total program, all of whose cooperation in the Association's work would, in the opinion of the Association's Board of Directors, further the national recreation movement.

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and United Funds, foundations, corporations, and individual contributors throughout the country, to help provide healthy, happy creative living for Americans of all ages.

The National Recreation Association is a nationwide, nonprofit, nonpolitical and nonsectarian civic organization, established in 1906 and supported by voluntary contributions, and dedicated to the service of all recreation executives, leaders and agencies, public and private, to the end that every child in America shall have a place to play in safety and the every person in America, young and old, shall

have an opportunity for the best and most satisfying use of his expanding leisure time.

For further information regarding the Association and its specialized services, please write to the Executive Director, National Recreation Association, 8 West Eighth Street, New York 11, New York.

# The Challenges of Service

*"A larger view, a broader concept, a more comprehensive perspective, a more integrated philosophy . . . to give purposeful direction to the many people in our society who seek constructively to enrich the free time of our young. . . ."*

—ROY SORENSON, 1960 White House Conference on Children and Youth.

**R**ECREATION greets you with a new format this month—a symbol of its continuing growth, and its acceptance of the challenges of the future to expand its service to the recreation field. For over fifty years, the magazine has continually grown, and planned its content to meet the needs of each new era.

Predictions for tomorrow imply great and drastic changes in our American pattern of living, necessitating a much broader concept of leisure and of recreation. As Foster Rhea Dulles points out in *The Nation's Children*, "Increase in leisure is surely one of the most significant social changes of the twentieth century."

This change will affect every community, large and small; and you, the personnel of recreation departments, are already being called upon to take the lead in providing more recreation services, facilities, and leisure-time interests for a larger population. As your own growth as leaders and as interpreters of recreation is challenged, so RECREATION Magazine, too, is challenged to broader service. We take this opportunity, therefore, to rededicate this magazine to meeting your growing needs, and those of your communities. It will devote itself to pointing up new and exciting trends, bringing inspiration, information and direction where and when most needed.

From the contents as well as appearance, of this issue (September 1960), you will note that RECREATION already is adapting its coverage to change. For example, a more comprehensive perspective of recreation must embrace the family, school, church, institutions—in fact, all people; and RECREATION will cover these more fully than previously. It now carries among its new features a section specifically planned to help lead-

ers working with the ill and handicapped, and another for leaders of church recreation groups. A new regular feature on the maintenance of recreation buildings, areas, other facilities, and equipment, "Concerning Up-keep," will be based on the practical experience of our readers. (Contributions welcome.) Still another new section, "Recreation Digest," is designed to bring you, in condensed form, articles that have appeared in magazines or other publications you are not apt to see. We hope it can grow as time goes on.

You will note an "As We Go to Press" section, printed on color stock. This will handle late news and announcements of national interest, as well as information formerly appearing on the "Things You Should Know" page; and it will be the very last page to go to press. (Deadline for it will be the fifth of each month preceding date of publication. Information selected will promptly be in the hands of our over ten thousand subscribers, so keep that date in mind.) Another color page lists free aids for those buying recreation equipment and materials. Other new features will be added from time to time, as required, to cover the widening range of recreation activities and interests.

We are pleased to take this opportunity to thank our readers, advertisers, and all good friends, for their support and interest in RECREATION through the years of its expansion from THE PLAYGROUND of 1907, to THE PLAYGROUND AND RECREATION of the 1930's, to the modern RECREATION of today. Your continued interest will make possible the realization of many more plans to meet your needs and the challenges for service which we face together.

—The Editors



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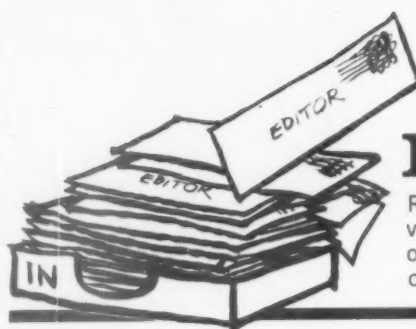
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## LETTERS

Readers are invited to share their views on these pages. Comments of general interest are always welcome. — The Editors.

### Serving Tennis

Sirs:

It certainly was with a great deal of delight that I recently received a copy of your magazine [June] in which was printed an article, "The Upswing in Tennis." If we are really to promote tennis throughout the United States it must be done through our recreation leaders because it is through the action of municipalities in furnishing tennis facilities that we will be able to greatly expand the development of tennis and the interest in this game.

It has always been the sincere hope and desire of the USLTA to work hand-in-hand with the recreation leaders of our country in pointing out the tremendous advantage of the game that can keep one in condition during his entire life and can be played under the same set of rules and regulations in every nation in the world.

EDWARD A. TURVILLE, 1st Vice-President, United States Lawn Tennis Association.

### Tremendous Help

Sirs:

Before leaving my office tonight for retirement, I wanted to [express my] appreciation of the services which... the National Recreation Association [has rendered] to me individually and to our commission, to say nothing of the various states and nations.

You probably would never realize how much it means to those of us who are [recreation] executives in the various cities to have an organization such as the National Recreation Association behind us in the things we do. The help which I have received over the years from the NRA has been tremendous and I will never cease to be grateful for the same.

WALTER L. SCOTT, Director of Municipal and School Recreation, Long Beach, California, Recreation Commission.

### Our Northern Reaches

Sirs:

I wish to express my appreciation for RECREATION magazine. Here in Alaska the value of this publication is probably

greater than anywhere in the south "49." Since there are very few recreation people in Alaska and distances are so great, we seldom get together for an exchange of ideas, nor are we as near to the telephone as our counterpart in a neighboring community. Therefore, RECREATION is so important for us to [help us] keep abreast of new ideas and to learn how others have solved problems similar to our own.

GERALD W. PELTON, JR., Recreation Director, Headquarters, Alaskan Air Command, USAF, APO 942, Seattle, Washington.

An article by Mr. Pelton entitled "Recreation—Arctic Style" will appear in a forthcoming issue.—Ed.

### Admittedly Prejudiced

Sirs:

Need I say that your cover [horseback riders in the surf on the Washington coast] on the summer issue [June] is absolutely stupendous? Sure, we're prejudiced, and we're proud to say so. We will be giving your spread a write-up in our next issue of *Progress*, the department publication. It goes out to all news media, chambers of commerce, tourist agencies, industries, etcetera in Washington [State].

GEORGE F. PRESCOTT, Manager, News Bureau, Washington Department of Commerce and Economic Development, Olympia.

### In Toe-Tow

While checking out information for our June issue ("State and Local Developments") the editors stumbled across the following amusing (but confusing) information. It is a choice example of the booby traps besetting the paths of editors!

Sirs:

There is some local controversy over the name of the new state park in Schoharie County. The origin of the name of "Toe Path Mountain" is obscure and some local residents believe that it should be "Towpath." Towpaths are a feature found in connection with canals. Since there has never been a canal in this area there seems no justification



for this spelling and the weight of authority favors Toe. This is the spelling which appears on maps and is the one used by the [New York] Conservation Department.

DARWIN BENEDICT, *Editorial Director, Travel Bureau, New York State Department of Commerce.*

### Red Faces Among the Buoys

Sirs:

The "Boating IQ" reproduced in the summer issue [June] should have the following clarification and correction made as noted:

*Question 4*—Until 1 April 1960 the answer to this question was "True." Effective that date, however, under the provisions of the Federal Boating Act of 1950, a considerable number of the various states having federally approved numbering acts have commenced state numbering of pleasure boats boating in the state.

*Question 6*—While the answer to Question 6 is true at present, after 1 January 1962 carbon-tetrachloride extinguishers are illegal on pleasure boats. Such extinguishers do release a poisonous gas which can be toxic in confined spaces.

*Question 15*—The answer is true. Our face is as red as a nun buoy. The classic rule is the three R's: "Red—Right—Returning."

The other answers are correct.

JOHN D. McCANN, *Lieutenant Commander, USCG, Director of Auxiliary, Third Coast Guard District.*

### Delinquents

Sirs:

In the April [RECREATION] there appears an article entitled "Recreation and Delinquency," with the question, "Does organized recreation prevent juvenile delinquency?"

It seems to me there are several points of view to this question, and the first is: Why do we harp on *juvenile* delinquency? Delinquency is not by any means confined to the young people. In my terminology, a delinquent is a person who does something he should *not* do, or one who does *not* do something he should do. If you subscribe to this definition, then every human being is delinquent to some extent and it seems to me a self-evident fact that this is the truth; so let's stop stigmatizing the young people to such an extent.

The second thing to be considered is: "What is recreation?" To you it is one thing; to me an entirely different matter. Walking, sitting on a park bench, looking at the birds and flowers, reading a book . . . all this is recreation. Most of us think of it as some kind of a physical activity, such as baseball, foot-

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ball, golf, etcetera, and give little attention to the other factors which are so important to so many old, infirm, and sick people, as well as those who, for various reasons, cannot be too physically active.

One of the problems of today is, in my opinion, that with the crowded conditions in the cities, sooner or later every bit of open space will be utilized for baseball, football, tennis, and so on, so that the grass and trees and flowers will disappear and there will be none of the surroundings left which give peace, contentment, and relaxation.

The question is asked whether organized recreation helps with juvenile delinquency. It certainly does, without question, for if you can give any human being something he would rather do than what he is now doing he will change his habits.

[However] I definitely feel that [sports] are not the entire answer. There are many, both young and old, who would like to work to earn money or to be busy in this manner if given an opportunity, and in many communities organizations have been set up to assist the teenagers in obtaining part-time work. Young people should be trained and influenced to accept responsibilities, to learn the value of money, and how . . . to get and keep a job.

MAURICE DUPONT LEE, President,  
Board of Park Commissioners, Wil-  
mington, Delaware.

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## AS WE GO TO PRESS

### Notes from NRA Headquarters

► **Flash!** We have just received announcement of the appointment of *Temple R. Jarrell* to succeed the late *Bill Hay* as National Recreation Association district representative for Kentucky, North Carolina, West Virginia, Tennessee, and Virginia. Mr. Jarrell is leaving the position of director of parks and recreation for the city of Fort Lauderdale, Florida. His new headquarters will be Washington, D.C.

*James A. Madison* has resigned from the field staff of the Association after seventeen years of special field work, much of it with the U.S. Air Force, which took him all over the world—Pakistan, Iceland, Alaska, and many remote points in between. When his resignation became effective on August 15, Jimmy started his new position with the Ohio Civil Rights Commission.

*Peter Walker* has joined the NRA staff as a field representative for arts and crafts, covering the area formerly served by Frank Staples and Richard Cicero. His first assignment is working with the armed forces, specifically with the Strategic Air Command.

He is a graduate of the University of New Mexico, with a bachelor's degree in fine arts; he studied art for a year and a half at the Académie de la Grande Chaumière in Paris, France; and recently completed graduate work in arts and crafts at the University of New Mexico. His past experience includes work with the air force in Japan, Korea, and as director of the arts and crafts program of the Tactical Air Command.

*Mrs. Lillian Welsh* came on NRA staff the first of August as assistant director of Public Information and Education, to assist in serving NRA affiliates and associates, and in telling the nation the story of the importance of recreation in an era of increased leisure.

► **A MEMORIAL FUND IN HONOR OF GRANT TITSWORTH**, late chairman of the Association's Board of Directors, was set up at the May 25 board meeting. A number of contributions have already been received.

At that same meeting, three new offi-

cers were voted to the NRA Board, and four persons have accepted membership on it for a three-year term. The officers are: *James H. Evans*, chairman; *Susan Lee*, *Luther H. Gulick*, and *Endicott P. Davison*, vice presidents; *Adrian M. Massie*, treasurer; and *Joseph Prendergast*, secretary. New board members are: *Alexander Aldrich*, director, New York State Division of Youth, Brooklyn New York; *Edward L. Bernays*, well-known public-relations counselor, New York City; *Gus Tyler*, educational director, International Ladies Garment Workers Union, New York City and *Augustus B. Kinzel*, vice president for research, Union Carbide Corporation, New York City.

► **AID FOR BUSY EXECUTIVES.** Starting with this completely redesigned issue, RECREATION offers both its readers and its advertisers a new service. It will appear on the same color page, monthly. (See "Trade Mart" Page 333.)

► **THE MAN BEHIND THE NEW FORMAT** of this issue and who also did all the art work is RECREATION Magazine's layout artist, Don Smith of Hunter-Smith Associates. Take a bow, Don!

► **EDITORS OF RECREATION PUBLICATIONS:** Don't forget to sign up for the Editors' Luncheon at the Congress. It is scheduled for Wednesday, September 28th, from 12:15 sharp to 1:30. This will be a closed meeting for editors only, and tickets can be obtained at the Congress registration desk, in Washington. Charge is \$3.50 per plate. For further information, write Joe Davidson, 560 Dobbs Ferry Road, White Plains, New York.

► **THE NEW GENERAL CHAIRMAN** of the National Recreation Association's National Advisory Committee on Recruitment, Training and Placement of Recreation Personnel is *Vernon F. Hernlund* of the Chicago Park District. His appointment is for a three-year term, following the committee's next annual meeting at the 42nd National Recreation Congress. The large committee of one hundred members, which Mr. Hernlund will head, embraces five major divisions. New chairmen for these major divisions are: *Recruitment*, Dr. Janet R. MacLean, professor of recrea-

tion, Indiana University, Bloomington; *In-service Training*, *Forest Gustafson*, superintendent of recreation, Montgomery County, Maryland; *Undergraduate Education*, Dr. Warren Bartholomew, director, recreation curriculum, Temple University, Philadelphia; *Graduate Education*, Dr. H. Clifton Hutchins, director, recreation curriculum, University of Wisconsin, Madison; and *Placement*, *Alan Heil*, superintendent of parks and recreation, Montclair, New Jersey.



### Things You Should Know

► **CONSOLIDATION** of all recreation services and facilities in New York City under one city department is nearing reality, with civic groups actively supporting such a move, according to the New York *Herald Tribune's* city-hall reporter, Laurence Barrett. Robert Moses, who recently retired as park commissioner after thirty-six years, opposed the idea. Now, with a new park commissioner, Newbold Morris, and with consideration of a proposed new city charter, such consolidation would appear nearer.

Two influential agencies, the City Administrator's Office and the State Commission on Governmental Operations of New York City, have become increasingly sympathetic to the move, according to Mr. Barrett. (Both agencies have consulted recently with the National Recreation Association.) The nine agencies involved in such consolidation are parks, education, health, hospitals, correction, police, welfare, housing authority, and the youth board.

► **IN A PRECEDENT-SHATTERING STEP**, the Conference for National Cooperation in Aquatics has announced that its tenth annual meeting at Yale University, November 16-18, will be open to anyone interested in aquatics. Registration blanks may be obtained by writing to CNCA at 1201 Sixteenth Street, N.W., Washington 6, D.C. Purpose of



the CNCA is to provide a setting for national organizations with swimming programs to share and discuss common aquatic problems.

► **AN 85-PAGE COMPOSITE REPORT** of the 1960 White House Conference on Children and Youth forum findings, simply entitled *Recommendations*, is now available from the U.S. Government Printing Office, Washington 25, D.C. (\$.35). The resolutions on recreation and leisure time made by the twelve workgroups in Forum VI on Free Time appeared in the June issue of *RECREATION*. While the approved *Recommendations* has a section on "Leisure" per se, the need for more recreation is reflected throughout the other sections including such categories as minority groups, the mentally handicapped, and neighborhood programs.

► **REAL ESTATE DEVELOPERS** have been raising objections about being required to contribute a prescribed amount of land, or its equivalent in money, toward the acquisition of community play sites when constructing new residential areas. Now a developer in Newburgh, New York, has questioned the constitutionality of such measures and is taking the matter to court. Developers have been claiming that the fee system is an inequitable distribution of a tax burden and that the local regulations governing use of these funds, based on permissive state legislation, are too vague.

► **RENEW YOUR MEMBERSHIP NOW** if you want to be included in the new 1961 National Recreation Association Directory.

## Final Report Adopted

At its meeting on June 16, 1960, the American Medical Association House of Delegates adopted the final report of the Committee to Study the Relationships of Medicine with Allied Health Professions and Services. "Allied" personnel include: recreation therapists, music therapists, lay psychoanalysts, psychiatric social workers, and public health educators.

A board committee of five members, to be known as The Committee on Relationships of Medicine with Allied Health Professions and Services, has been appointed by the board of trustees to continue AMA activity in this vitally important area. In its report the study committee asked the medical profession "to provide greater assistance in creating a unifying force at the local, state, and national level. Coordinated planning and assistance in recruitment, education, and professional growth appear to be the major challenges which have not been fully met by the medical profession in relationships with these vitally important professional and technical groups."

Among the committee's recommendations are:

The medical profession and allied professional and technical groups should cooperatively seek appropriate definition of educational and training standards and interprofessional relations. Formal liaison to discuss matters of common concern should be established.

Mechanisms for effective voluntary regulation and discipline are essential for all scientific, professional, and technical groups concerned with health care in order to meet their inherent obligations. For these reasons, and since such regulation is desired by groups which provide information and services to physicians and to patients under the direction of physicians, this procedure is actively supported by the medical profession.

Since voluntary regulation is a professional requisite, it must exist even if concomitant statutory regulations are enacted. It should be noted that because many persons allied to medicine are not involved in direct service to patients and for other reasons, the question of governmental regulations has not been raised by them or by related groups of physicians.

The future scope of activities of the American Medical Association directed towards developing cooperative efforts with allied health professions and services should be along the following lines, as outlined in the report.

Specific exploratory conferences should be held with members of segments of sciences allied to a given area of medical practice with the national

medical organizations concerned. Agreement should be sought in the proper field of activity for each of these groups.

Reciprocal exchange of information should be provided by the participation of allied scientists and members of health professions in AMA meetings and publications and encouraging the participation of physicians in meetings and publications of their scientific and professional societies.

Effective liaison should be provided between AMA representatives and professional and technical personnel who should review relationships and provide plans for effective coordination in recruitment, education, and service to patients.

► **THE WINNER.** Robert Arthur Cobb of Winthrop, Maine, an outstanding high-school student and athlete who helps to run a small dairy farm while going to school, won the second annual four-year, two-thousand-dollar AMF-W.J. Voit Youth Fitness Scholarship. He was in competition with twelve hundred other students throughout the United States. Bob has selected Springfield College, Massachusetts, for his training in health, physical education, and recreation.

► **IDEAS FOR AN INTERNATIONAL PROGRAM** in October.—Why not build a United Nations Day or United Nations Week program on the theme, "Around the World with Music and Dance?" (The American Museum of Natural History, in New York, used this theme for a course last year.) Imagine what you can do with the folk music, dances, and costuming of many countries, perhaps even working in films and lectures, reading and drama programs, and so on. United Nations Day falls on October 24 this year; UN Week is October 23-29. Several articles in our October issue will be devoted to accounts of recreation in other lands, thus emphasizing "one world through recreation."

► **WHEN ALL IS SAID AND DONE**, delegates to the 42nd National Recreation Congress may remember, out of all the torrent of words, that rare man capable of:

### BRIEFLY SPEAKING

We gave him twenty minutes,  
He finished up in ten.  
Oh, there's a prince of speakers  
and a servant unto men.  
His diction wasn't such a much;  
He hemmed and hawed a bit,  
And still he spoke a lot of sense,  
and after that—he quit.  
At first we sat plum paralyzed,  
Then cheered and cheered again;  
We gave him twenty minutes,  
But he finished up in ten.

—From *Minnesota Recreation Association Spring Newsletter*, 1959

### Coming Events

#### SEPTEMBER

7-14, National Child Safety Week  
11-17, Constitution Week  
17, Citizenship Day  
25-29, 42nd National Recreation Congress

#### OCTOBER

1st Monday in October—Child Health Day  
1-31, National Science Youth Month  
9-15, National Fire Prevention Week  
17-21, National Safety Congress  
23-29, United Nations Week  
24, United Nations Day  
31, Halloween

#### NOVEMBER

5-11, American Education Week  
11, Veterans Day  
14-20, Youth Appreciation Week  
13-19, National Children's Book Week  
13-19, World Fellowship Week  
19, Equal Opportunity Day  
20-27, Know Your America Week  
24, Thanksgiving



**The BAT of the CHAMPIONS**



# ON TO

for the  
42nd National Recreation  
Congress, September 25-29



**Laurance S. Rockefeller**, chairman of the Outdoor Recreation Resources Review Commission, will address the opening general session devoted to "Recreation in America—Today and Tomorrow." Mr. Rockefeller is also a vice-president of the Palisades Interstate Park Commission (N.J.-N.Y.) and of the New York State Council of Parks.



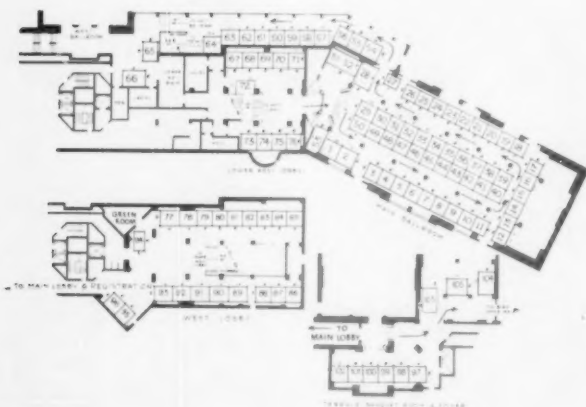
**Robert W. Dowling**, chairman of the Advisory Committee on the Arts of the National Cultural Center, will also address the opening session. A former U.S. ambassador to Norway, Mr. Dowling is prominent in both financial and theatrical circles and last year toured the Soviet Union in connection with the U.S. Exhibit in Moscow.

**The Congress is the event of the year for the wide-awake up-and-coming recreation leader, covering current trends, problems, new phases of recreation, with general sessions, discussion meetings, panel sessions, demonstrations, and exhibits. No matter what your "specialized" interest, if it is related to recreation and leisure time, there will be something for you!**

**Among the major events at the big meeting are the general sessions. Many outstanding speakers will give the delegates new insights into problems of urgent concern to us all.**



The exhibitors' representative, **Frank Dreyfuss**, invites all delegates to see the latest in recreation equipment displayed and demonstrated in the Congress exhibit area. Frank is sales manager for **Magnus Craft Materials** and has been with that company for thirteen years.



## Companies Welcoming You

Booth Number	Exhibitor	Booth Number	Exhibitor
36	American Art Clay Co.	57	Jayfro Athletic Supply Co.
78	American Handicrafts Co.	92	Jewel Creations
21	Amer. Jr. Bowling Congress	45	Jilyn Products
44	American Locker Co.	65	Londino Stone Co.
29-30	Amer. Playground Device Co.	24	Magnus Craft Materials
11	American Shuffleboard Co.	95	McFadden, Everly & Assoc.
48	American Trampoline	94	Mason Candies
9-10	Department of the Army	50	Mexico Forge
76	Arts & Crafts Distributors	58-64	Miracle Equipment Co.
71	Ask Packer	Stage	Monroe Sales Inc.
66	Athletic Institute & National Golf Foundation	83-5	Natl. Park & Rec. Supply
88	R. E. Austin & Son	67-8	National Pool Equipment Co.
99	Baptist Sunday School Board	49	National Rifle Assn.
87	Lawrence A. Beck	41-2	Nissen Trampoline
13	Boin Arts and Crafts Co.	73	Peach State Scoreboard Co.
19	Bolco Athletic Co.	22-3	Pepsi-Cola Co.
14-15	J. E. Burke Co.	16	Peripole Products
51-2	Peter Carver Associates	32-4	Playground Corp. of America
101	Ceramichrome Labs.	1	Play Sculptures
38	Champs Educational Supply	27-8	Program Aids
31	Chicago Roller Skate Co.	26	Rawlings Sporting Goods
18	Cleveland Crafts Co.	72	Rek-O-Kut Co.
77	Coca-Cola Co.	93	S & S Arts and Crafts
34-5	Cosom Industries	74	The SAFE Fencing Co.
53	Daisy Manufacturing Co.	81	Seamless Rubber Co.
89	Davco Publishing Co.	97	J. B. Seibrell Corp.
100	Duck Pin Bowling Council	3-4	Seven-Up Co.
54-6	Dudley Sports Co.	7-9	Sico Manufacturing Co.
91	Everlast Sporting Goods	80	Skrainka Construction Co.
75	Everwear Mfg. Co.	86	Square Dance Associates
39-40	Fihe Enterprises	102	Walter Stern
105	FLXIBLE Co.	2	Sun Aired Bag Co.
20	Game-Time	79	Tandy Leather Co.
96	Gold Medal Products Co.	46-7	Tigrett Industries
37	Handcrafters	104	T. F. Twardzik Co.
25	Hillierich & Bradsby Co.	98	Twyman Films Inc.
70	Horton Handicraft Co.	5-6	Valley Sales Co.
90	Earl H. Hurley Associates	17	Wenger Music Equip. Co.
82	Institutional Cinema	12	World's Finest Chocolate
		103	World Wide Games



# WASHINGTON...

By:

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**Bus**—Greyhound and Trailways. **Car**—See map at right.



**Mrs. Rollin Brown**, chairwoman of the 1960 White House Conference on Children and Youth, will address a Congress session on Tuesday devoted to implications of that conference. Mrs. Brown is a National Recreation Association Board member. Also speaking at this session will be Roy Sorenson, general secretary, San Francisco YMCA.



**George V. Allen**, director of the U.S. Information Agency and one of our nation's senior career diplomats, will address the All-Congress Banquet on Wednesday. Mr. Allen has been ambassador to Greece, Yugoslavia, India, and Iran and also Assistant Secretary of State. He has participated in a number of crucial international conferences.

## The Constant Search

Delegate Bill Shumard of Oakland, California, upon his return from the 41st National Recreation Congress, reported to his recreation commission: "More than anything I know of, recreation is a flexible ever-changing profession and program. We in this profession are constantly seeking information, administrative ideas, ethereal inspirations, and practical know-hows to keep us always up with and, if possible, ahead of the inconstant desires and needs of the people we serve . . . .

"It isn't enough that we start planning to have hula hoops during the height of the fad—we need to be sufficiently alert to see the fad coming and be able to program for it and be at the height of our endeavors at the time the participants are most enthused . . . . We have a responsibility to our communities to keep alert to all new developments whether relating to personnel, programming, or facilities.

"To me, it is tremendously important that I be allowed to attend a national conference every year or so and a state conference annually."

## 1960 CONGRESS PROGRAM DIGEST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Preconference Meetings (Fri.-Sat.-Sun.)	<b>9-10:30</b> Operating Community Centers Artificial Ice Rinks Summer Program Hard-to-Reach Youth Encroachment School-Connected Services Legal Liabilities	<b>9-11:00</b> Performing Arts in Rec. Application of Standards Public-Private Agency Cooperation	<b>9-11:00</b> Smaller Rec. Depts. New Ideas in Music	<b>9:30-11:30</b> Admin. & Supervision Planning Centers Recreation for Women Sports & Athletics Forum Rec. Research Board Members Look At Admin.
	<b>11-12:30</b> Teenage-Adult Relationships Needs of Older People Purchase of Equipment & Supplies Research Projects Internatl. Rec. Services Reaching Your Public National Registration Plan	<b>9-12:00</b> Rec. in Rehabilitation Joint Planning—Hospital & Community Military Sports Program Evaluating Armed Forces Rec. Suburban & Rural Rec. Small Rural Community Rec. Promoting & Developing Projects Management of Rec. Dept. Why Executives Fail Field-Work Experiences	<b>9-12:00</b> Rec. Research for Handicapped Roles of Hosp. Rec. Armed Forces Management Rec. and the Faiths Faith-Oriented Centers State-Level Services Trends in Park Practices The Rec.-Park Dept.	<b>12:15-2:15</b> NRA Luncheon
	<b>2-4:00</b> Problems of Chief Execs. Problems of Supervisors Science in Rec. Promoting Family Camping Understanding People	<b>12:15-2:15</b> ARS Luncheon	<b>1:30</b> Tours Recreation Facilities Historic Washington	<b>2:30-4:00</b> Closing General Session
	<b>4:30</b> ARS Business Meeting	<b>2:30-4:30</b> General Session	<b>1-5:00</b> Problems of Leisure for the Aged & Handicapped	
<b>8:00</b> Opening General Session	<b>8:30</b> Entertainment	<b>4:45</b> Committee Meetings	<b>7:30</b> All-Congress Banquet-Dance	<b>FRIDAY</b> <b>9:00 A.M.</b> Packaged Tours of Washington and Vicinity
		<b>8:30</b> Drop-In Parties		

MINOR CHANGES IN THIS SCHEDULE MAY APPEAR IN THE PROGRAM YOU WILL RECEIVE AT THE CONGRESS





Edward H. Thacker



**W**ELCOME to Washington! As host to the 42nd National Recreation Congress, the District of Columbia Recreation Board extends its warmest greetings to all. Though the Congress deserves your first attention, we hope you find time to visit our local recreation and park facilities. Sightseeing and fa-

cility tours are scheduled for Wednesday afternoon, September 28. Additional tours can be conducted on Friday.

By Congressional act, the recreation board was established as a central agency to which anyone may turn on matters concerned with recreation in the district. The seven-member board represents the citizens of Washington and the principal agencies providing physical facilities for recreation: the district government, the board of education, and the National Capital Parks. By agreement with these and other agencies the board operates a program of supervised recreation at playgrounds, school recreation centers, housing projects, and park areas in all city neighborhoods. The board determines policy and directs the superintendent of recreation to establish administrative and organizational procedures within the structure of the recreation department.

The recreation system plan was developed by the National Capital Planning Commission as a part of the comprehensive plan for orderly development of the city. Systematic review enables the commission and the recreation department to reflect city growth and new concepts of recreation. The plan calls for neighborhood playgrounds within walking distance of every residence in the city. Clusters of neighborhoods are also served by a major recreation center with a greater variety of facilities. These twenty-six major centers

MR. THACKER is a recreation analyst in the District of Columbia Recreation Department.

*Sailboats on the Potomac (left). Entries in the President's Cup Regatta sweep past the Pentagon. A sandlot baseball game (below) is played on the Ellipse south of White House.*

# RECREATION IN OUR CONGRESS CITY

*The Washington recreation*

*department prepares to greet*

*42nd National Recreation Congress delegates.*



are usually adjacent to and a part of a junior or senior high school. Whenever feasible the neighborhood playgrounds are in conjunction with an elementary school. Special facilities for community use are included in all new schools when these are erected at a location designated for recreation in the recreation system plan. Special adult centers are located strategically in the city.

Several original pieces of equipment have recently been developed. These items were created by members of the staff and constructed by craftsmen at National Capital Parks. A gaily colored plywood train, a treadmill, and a rocket slide called "Spoofnik" are already installed. Pictures of this equipment are on display at the department's Congress exhibit. Staff members are always encouraged to submit ideas for new equipment.

The department seeks to provide a diversified program to attract an even greater number of participants. Unit leaders are free to develop those activities which will be most successful in their neighborhood. At the same time they endeavor to introduce new activities which will bring in new participants and broaden the recreation skills of all. A core of popular programs are coordinated on a citywide basis. Some of these will be described in detail. (*See also "Roving Leaders Extend Our Reach," RECREATION, April 1960.*)

The preschool play program is designed to give children three and four years of age an opportunity to meet and play with children their own age away from the home setting. In this respect it is a prekindergarten program with emphasis on recreation rather than education. The department furnishes a leader for each group and relies on parent volunteers for extra assistance. More than fifty groups, ranging from fifteen to thirty children, meet two hours daily from October to May. Each group has a parents' club to schedule volunteer duty and these often conduct study groups on child behavior, growth, and development. Representatives from each group meet as the Parents' Council. This group has been of immeasurable help in securing facilities and leadership through increased funds.

Day camping is also a very popular activity each summer. Ten camps are provided in wooded parks within the city. Children seven to fourteen years of age spend two-week sessions in these camps. Four separate camping periods are scheduled each summer. Program emphasis is on nature and campcraft with naturalists from National Capital Parks supplementing the skills of our own leaders. One camp is organized specifically for orthopedically handicapped children. Cooperation is secured from United Cerebral Palsy, the D. C. Health School, and the Public Health Department. Located at the rear of the health school, the department has installed special equipment for those requiring wheelchairs or crutches. A sand table has coved sides so that wheelchairs can move right up to the sand.

Washington's answer to Little League Baseball is the Walter Johnson Memorial Leagues. More than 150 teams in leagues divided by age (12 and under, 13 and 14 years old) are coached by staff members and sponsored, when possible, by local business establishments. As many teams are organized as are needed to permit every boy who wishes to be

on a team. The season ends with selection of a city champion in each age group.

In spite of the interest in baseball, softball continues to gain in popularity. Last year the Amateur Softball Association announced the District of Columbia had more youth softball teams than any state in the nation, for the second consecutive year. Many playgrounds have a playground league that winds up the season with championship play-offs. There are also nine regional leagues whose games culminate in a city championship. Though there are fewer girls than boys, the former are eager softballers and produce outstanding teams. Men and women are also enthusiastic softball participants.

Model building consistently draws hosts of craftsmen. Airplane and boat-building contests are annual affairs, with the last airplane contest drawing fifteen hundred entries. Regional finalists enter citywide competition, and all models are displayed prominently about town.

Adults also have their share of activity. More than eighty groups are organized around the participants' special interests, which range from art and woodworking to bridge and judo. The department will provide virtually any course for which facilities and an instructor can be found. Participants pay a small fee to cover the cost of the instructor and necessary supplies.

With the expectation of a National Cultural Center in Washington before too long, Washington is taking a renewed interest in the performing arts. Many self-organized groups seek help from the recreation department in presenting ballet, modern dance, operatic, or musical programs. The department supplements these events with its own civic symphony orchestra, choral group, drama workshops, and so on. With the cooperation of the local musicians' union, a series of concerts is presented each summer at the Watergate near Lincoln Memorial. Art fairs, photographic salons, hobby shows, folk-dance festivals, and their ilk round out a well-balanced cultural schedule for the city of Washington.

Washington has a number of armed services installations in the area. Hostesses for their dances and entertainment for their parties are provided by the department through the Capital Girls' Society and Volunteer Community Shows. Single girls between eighteen and twenty-three, along with amateur and professional entertainers, provide these much-welcomed services.

At Christmas time the lighting of the national community Christmas tree is a tradition started by the recreation department many years ago. Though the project's scope has been enlarged, the department is still an active participant. Similarly the department assists with the annual Fourth of July program at Washington Monument.

There are many other activities worth noting, not the least of which is the Children's Theatre of Washington. Now in its fourteenth year, this group presents plays and dance programs of special appeal to children. Often the actors themselves are children selected from our playgrounds.

Members of the D.C. Recreation Department in attendance at the Congress will be wearing either a cherry-blossom boutonniere or corsage. Do not hesitate to ask any of them for information about recreation in Washington. #

## Joseph Prendergast



**"THE** National Cultural Center is destined to stand as a monument to America's cultural maturity and to her realization that the conquest of material things cannot stand the test of time until they find fruition in the realm of the mind and soul. The peoples of fifty sovereign states, sharing a love

for the political freedoms of self-government, seek in the creation of a cultural center a concrete expression of their common attachment to the arts."

So reads the general concept of the National Cultural Center as set out in the bylaws, adopted by its board of trustees, at its second meeting on April 27, 1959.

The National Cultural Center, or, to use a more descriptive name, the National Cultural Center for the Performing Arts, was established as a bureau of the Smithsonian Institution by an act of Congress signed by President Eisenhower on September 2, 1958.

The National Cultural Center Act provides that the Center's board of trustees shall:

- Construct, maintain, and administer a National Cultural

*MR. PRENDERGAST is executive director of the National Recreation Association and a member of the Advisory Committee on the Arts of the National Cultural Center.*

Center in Washington, D.C., to consist of a building and related facilities with funds to be raised by voluntary contributions on a site to be provided by the federal government and the District of Columbia;

- Present classical and contemporary music, drama, dance, poetry, and opera from this and other countries; present lectures and other programs; provide facilities for other civic activities, and

- Develop programs for children and youth and the elderly (and for other age groups as well) in the performing arts referred to above, designed specifically for their participation, education, and recreation.

"In America, man's whole culture reflects the dynamic, diversified creativity made possible by a free democratic society," said Arthur S. Flemming, chairman of the board of trustees and secretary of the U.S. Department of Health, Education, and Welfare, in presenting to the public the initial plans and drawings of the Center, after their approval in November 1959. "The increased leisure time is of great importance to the peace of mind and the happiness of free man. He is able to turn, more and more, to the restorative and creative values of the performing arts.

"Washington is the symbolic city. It is democracy's 'showcase' for a world audience. Here, in the capital of the United States of America, our way of life is 'on stage,' front

# THE National Cultural Center...



## PART I

***"To delight and honor 177,000,000 American owners..."***





and center, each and every day of the year for all the world to see, measure, and evaluate.

"The completed cultural center will be a new symbol of America's greatness . . . a true, national home for the performing arts . . . to delight and honor each of its 177,000,000 American owners . . . With its completion, the federal city will be what the founding fathers envisioned so long ago—a cultural as well as a civic center."

Located on a beautiful ten-acre site on the north bank of the Potomac not far from the Lincoln Memorial,\* the Center will be a large, white, monumental building set in a green park of trees, flowers, and grass. The Center's architect, Edward Durrell Stone of New York, describes it as a building which will "represent twenty-five hundred years of Western culture, rather than twenty-five years of modern architecture."

By designing the opera house, the concert or symphony hall, the playhouse or theater, and the two auditoriums of the Center to be under one roof, with adequate and convenient space for parking cars and entering and leaving the facilities, Mr. Stone has created a great hall with a dome-like ceiling, to be known as the Grand Salon. It will open up directly onto two terraces overlooking the Potomac. The first terrace, adjoining the Grand Salon, will provide a covered area for dining and serving of refreshments. This covered terrace will connect by gracious stairways to a lower open-air terrace overlooking two lighted fountains.

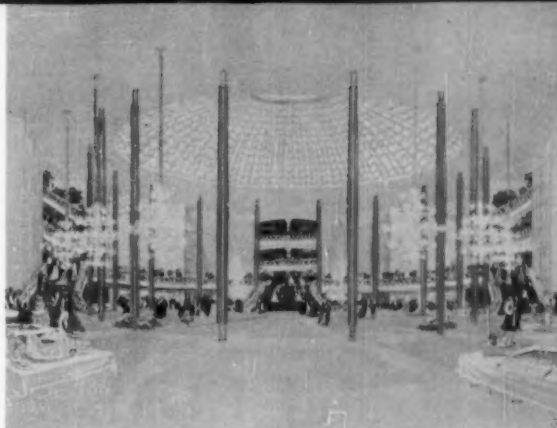
The Grand Salon itself will enhance the Center by providing a reception and ballroom that may be used on official and special occasions, such as presidential balls and great formal receptions. This facility can seat as many as six thousand persons.

With its regal staircase entrance opening on the Grand Salon, the opera house will provide a majestic and beautiful setting for full-scale performance of the great operas of the world. Seating thirty-five hundred to four thousand persons, the opera house will place our nation's capital in the forefront of American cities which present grand opera. Stage, lighting, acoustic, and technical facilities will be of the latest design and will make possible complete and flawless productions which can be broadcast on television and radio and recorded on film, tape and record.

Located to the left of the opera house, with entrances both from the Grand Salon and from the diagonal passageway leading to the New Hampshire Avenue Plaza, the concert or symphony hall, seating three thousand, will provide a proper setting for musical presentations. The great orchestras and artists of the world will present performances, as will the renowned United States Marine Band and other well-known bands. Many of the 1,142 symphony orchestras in the United States, as well as the many other school and community music organizations, will be brought to Washing-

*Continued on Page 335*

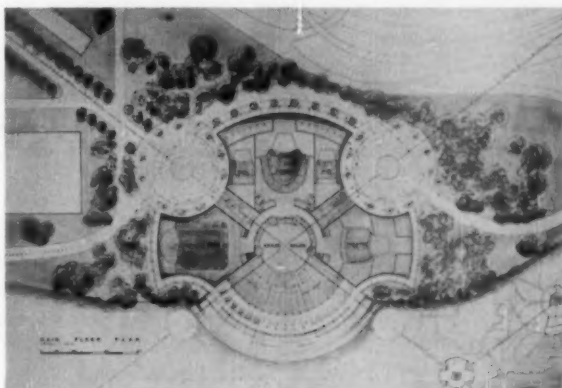
\* National Recreation Congress delegates, if you would like to see the site when sightseeing in Washington, it is where New Hampshire Avenue terminates at Potomac Drive. The famous Watergate Restaurant is nearby.



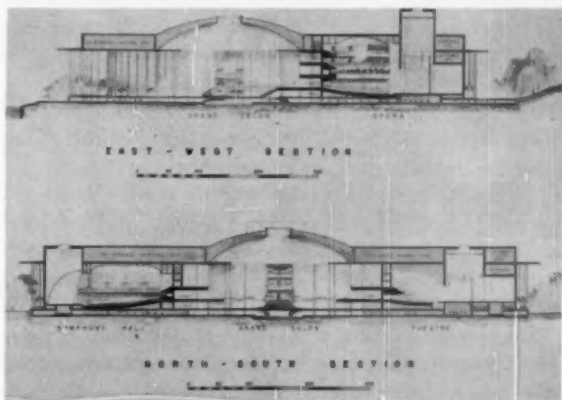
*Grand Salon serves as focal point of architect's design.*



*The Center, viewed from the New Hampshire Avenue Plaza.*



*Main-floor plan with attractive river terrace and landing.*



*Cross-sections of Center show offices, parking, and shops.*



# The CHURCH and COMMUNITY RECREATION

**I**T IS RECOGNIZED that the church has a first responsibility in planning recreation for its own members and then shares in the responsibility of recreation planning for the neighborhood in which it is located. Aid should be given the community in setting up a cooperative program compatible with the recreation philosophy of the church.

Churches that care for their communities will have representatives on recreation boards, commissions, councils, and/or committees. The church will seek guidance from local recreation departments and auxiliary recreation agencies. The church's recreation program will be integrated with the total community program.

The church can offer its facilities and leadership in the sponsorship and operation of recreation meetings, institutes, workshops, and conferences. If, in the church's judgment, some forms of recreation in the community are unwise, it should oppose them to assume wholesome practices and make worthy substitutions of desirable recreational activities.

## Public Recreation

Recreation is often sponsored and promoted through the local, county, state, and federal governments. Over two thousand cities and towns have inaugurated year-round, public tax-supported recreation programs. Well over one hundred and fifty county and regional agencies are rendering park and recreation services. Through state departments of forestry, parks, fish and game commissions, and highway commissions much has been done. Advisory help can be gotten from state universities, state planning boards, and state extension recreation specialists.

The agencies of the federal government that provide recreation resources include the Cooperative Extension Service of the Department of Agriculture, National Park Service, U. S. Forest Service, Fish and Wildlife Service, Children's Bureau, U. S. Office of Education, Veterans Administration, and the U. S. Public Health Service. Because of their structure, these agencies can give only partial attention to recreation.

Since everyone, as a taxpayer, is a "member" of these government-sponsored service organizations, one is entitled to ask for and receive help. These organizations are eager to give what the public wants and demands. Especially on

the local level, churches can benefit very much from becoming acquainted with public recreation officials, facilities, and programs. Other local governmental units such as the school, welfare, and health departments often offer recreation services.

## Public Schools

During the school year, the public schools give the churches heavy competition for the children's time and interests. This competition for time is often for the leisure hours of these boys and girls and our youth. Schools have recognized their opportunities for education in the worthy use of leisure time, in some cases ahead of the churches. In many places the schools are operating community recreation programs. Extra-school activities, such as art, crafts, music, camps, and adult education, are also planned in some cases to serve the community in which the school is located.

Churches realize that most school functions are desirable and should not necessarily be considered as being in competition with church activities. The church must constantly evaluate and decide whether it should do the same things the schools do and to what degree cooperation should be expected from and/or given to the school.

Public school units are getting larger. With the emphasis on consolidation, school communities are often getting to be too wide for effective group fellowship, and the true sense of a community tends to be lost. Perhaps the church as a smaller community unit can preserve its identity more easily in such a situation.

The church can often get facilities and leadership from the school. Many churches make use of school gymnasiums and other facilities to enlarge and enrich their programs. This word of caution, however: All church-sponsored activities away from the church should be clearly identified as church activities and never dissociated from the church, since loyalty usually centers around the meeting place.

## Commercial Recreation

People are ready and willing to pay for recreation. Professional sports, interscholastic contests, bowling, golf, fishing, hunting, skiing, movies, theaters, radio, television, facilities for tourists, symphonies, private camping, amuse-

ment parks, and dance halls are only a part of the scope of commercial recreation activities.

Encouragement should be given to commercial interests in recreation to serve the public in any and every *constructive* way. Through legislation, licensing, regulations, police controls, trade controls, and censorship, the public (and the church) can stimulate and control commercial recreation. The church owes it to its members to give guidance in selectivity, be the types of recreation commercial, public, or church sponsored.

Some churches have made good use of commercial recreation facilities in their communities. A privately owned swimming pool may be engaged for an evening. The roller-skating rink can be reserved for an all-church skate. Private campgrounds are rented for church retreats. A bowling alley may be reserved a night for church use. In any use of public or commercial facilities, their use should be obtained "with no strings attached," and the standards of the church should be maintained.

### Agency Recreation

Because agencies often provide certain facilities and, primarily, leadership, they can often offer group recreation opportunities. Another advantage in agency recreation is their providing of activities in natural age groups. The Boy Scouts of America, the Girl Scouts, the Boys' Clubs of America, the Camp Fire Girls, the Young Men's Christian Association, the Young Women's Christian Association, the Grange and the 4-H Clubs are some of the national organizations sponsoring recreational activities for both youth and adults.

Many churches cooperate with and even sponsor clubs and activities of the national agencies mentioned above. If a church feels that it does not compromise in its ideals, does not lose its identity in the program, and can furnish church-sponsored and directed leadership, cooperation with such programs can be very helpful. If a denominational club program is in operation, however, the loyalty and strength of the church should be directed first to it.

Another source of help is the National Recreation Association which offers consultation service, prepares and distributes many valuable publications, conducts leadership training, offers special services in the various phases of recreation, and publishes *RECREATION*, a monthly magazine.

### Interchurch Cooperation

It would be very difficult, even for the large church, to conduct a completely successful program of recreation if it disregarded programs carried out by other church and religious groups in the same community. Possible duplication and competition should be evaluated. Many small towns and rural communities are *overchurched*, making it advantageous for financial and other reasons to cooperate

in one well-unified, church-centered recreation program.

Through the United Christian Youth Council in your community, the local CBYF Fellowship chairman is able to help in presenting the interest of the church in inter-church recreation events. The National Catholic Community Service and the National Jewish Welfare Board have developed recreation programs that are worth being studied by Protestant groups.

E. O. Harbin mentions several areas of cooperation among churches: (1) They could promote recreation training courses in general and in specialized fields; (2) by pooling resources, they could provide the best leadership available; (3) they could promote city or communitywide programs such as pageants, festivals, community sings, concerts, and athletic leagues; (4) they could provide teams of recreation specialists to help local churches by assisting them in planning and directing special recreation events; and (5) the churches should cooperate with other agencies in the community. If there are activities that are questionable, the churches should register protest and seek a better program.

If the church leaders are confused by the many agencies and departments promoting recreation activities, think of the confused pattern presented to their members. If boys and girls are sent away from the church for their weekday education and recreation, can they always be expected to return on Sunday for their religious training? It is the challenge of every church to cooperate in community recreation projects, but it is also necessary to make the local church seem important in the recreation life of every boy, girl, youth, and adult. A positive recreation program must be made evident by the church if it is to capture the interests of its members and hold them to Christian values.

NOTE: Much help for this section was obtained from Recreation for Community Living, by participants in the National Recreation Workshop sponsored by the Athletic Institute.

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Reprinted with permission from Recreation and the Local Church (Chapter 4), Frances Clemens, Robert Tully, and Edward Crill, Editors (Elgin, Illinois: Brethren Publishing House) pp. 191.

*"The function of recreation counseling in rehabilitation  
is that of helping the patient understand himself."*

# RECREATION COUNSELING

Harry D. Edgren



**C**OUNSELING OF motivating individuals to participate in experiences we know will benefit them should be a basic concern of all professional recreation workers, regardless of the setting in which they function. By motivation is meant the ability to stimulate an individual to action and to provide the incentive to participation and performance.

The following quotations from two good books will serve as an introduction to such counseling. Dr. Carl Rogers<sup>1</sup> states, "Effective counseling consists of a definitely structured, permissive relationship which allows the client to gain an understanding of himself to a degree which enables him to take positive steps in the light of his new orientation."

Further support of this concept that it is the counselor's task to aid the counselee in self-understanding is found in a book by Kenneth W. Hamilton.<sup>2</sup> He says, "... Counseling requires recognition of the fact that information of itself does not make decisions. Medical histories and diagnoses, the results of psychometric tests, occupational information, and social histories are significant only in terms of the person to whom they relate. They are significant only to the extent that he understands them, accepts them, and is capable of acting upon them. ... He is thus motivated more basically to do. Counseling might be thought of as a catalyst which enables the client to avail himself of the resources of the rehabilitation process.

**DR. EDGREN** is professor of recreation leadership at Purdue University, Lafayette, Indiana.

"... It is through the growth in understanding which the counselee experiences that he is enabled to utilize his own resources, and the services made available to him for the purpose of overcoming his own handicap. Rehabilitation services provide the facilities which the client utilizes. Sometimes—no matter how much he wants to do so—he neither can nor will benefit from them without the aid of counseling. It is the strong impression of many, including the writer, that the handicapped receive from counseling as much assistance as from any other service they receive."

There is evident agreement that the function of recreation counseling in the rehabilitation process is that of helping the patient to understand himself. What then are the major premises of such counseling?

- Counseling should be an individualized, democratic process.
- Counseling relationships are based on understanding rather than on judging.
- Only some behavior, not all, is amenable to it.
- The counselor will be accepted by the patient only to the extent to which the patient wishes.
- The counseling process must begin with the patient where he is and as he is.
- Individual differences among patients limit the process.
- Limitations of community and program further delimit it.
- Professional recreation workers should be motivated to learn more about the individuals who come under their direction and who can profit by participating in their program. We all need to become more adept at understanding "the language of behavior" as expressed by an individual's response or

lack of response. We are not psychologists or psychiatrists, but we have learned through experience some methods and techniques that have been helpful in securing positive participation by patients.

The following are some personal convictions and some practices in recreation counseling which have emerged from correspondence and conversations with a number of professional hospital recreation people in Indiana.

The leader must be accepted by the patient. His approach is one of empathy rather than sympathy. He must be sincerely interested in others and sold on the value of the experience in which he is inviting the patient to participate.

He starts with activities with which the patient is familiar, and where the patient feels secure. He then moves to less familiar activities.

He moves at a pace that gives participants an opportunity to experience gradual success and feel the satisfaction that comes from accomplishment. He establishes achievable goals, recognizing that if any activity is too detailed to comprehend, or appears difficult, it will result in frustration or rapid rejection on the patient's part.

The effective leader recognizes the value of friendship as one of the real motivators of participation—and new experiences, both in and out of the hospital setting. Successful groups in our society are those which have moved from "interest" to "friendship" groups.

Because the professional recreation worker in the hospital is concerned with the patient's return to normal life in the community, he uses community resources in his program. He relates patients to groups in churches, lodges, and public and voluntary agencies. He

*Continued on Page 341*



## PROGRAM

# WHY SOCCER?

*Here are some good reasons for using this  
variation of football in your young people's sports program.*

D. Y. Yonker



**I**T WOULD BE presumptuous to claim advantages for one team sport over another, and I have no intention of so doing. In the first place, I do not believe this is so, but one activity might be more appropriate in a particular situation than another.

First, soccer provides another activity that youth can enjoy under the expert guidance of qualified coaches. Roger Bannister, first of the under-four-minute milers, said, "Adolescence is a time of conflict and bewilderment. . . . Each of us has to find his sports activity for himself. It may be mountain climbing, running or sailing, or it may be something quite different. The important thing is that we ourselves perform rather than watch others. . . ."

MR. YONKER is editor of the Soccer Journal, 949 Wellington Road, Philadelphia 17, Pennsylvania.

Second, soccer has inherent physical values. The running involved, not the intense, tension-packed type of competition sprinting, develops endurance and organic vigor, and, because of the sustained character of the playing periods of the game, also develops a degree of total body conditioning not often found in other team sports. Third, coupled with this endurance factor, soccer demands the performer develop unusual individual techniques with the feet and head. Fourth, a soccer team has no specialists, and thus engenders a spirit of unity and cooperation easily recognized by the player and achieved by the coach. Each player can, momentarily, by the run of the ball, become leader of his team, master of the situation, faced with a problem which will be valuable in its solving, or in its failure to be solved.

The next point concerns the number of players that can be accommodated, both as regards organization of a single team and space requirements. Substitution should be unlimited in youth soccer games. Best of all, as has been noted





*Catholic Youth Council championship match, Public Schools Stadium, St. Louis.*

above, playing requirements are basically the same for all positions, so players can be readily interchanged on the field. Played on fields of reduced size, where portable goals can usually transform a football field into three soccer playing areas, soccer permits as many as sixty-six youngsters to play simultaneously. With substitution, the sky is the limit during team tournaments.

Team movements, both offensive and defensive, are directly comparable to basketball, with which every American boy has at least passing acquaintance. He defends by playing man-to-man against his opposite number on the other team; he moves the ball on offense in a pattern of simple passes from teammate to teammate; scores by putting the ball into a target area, the opposition's goal. Soccer rules are among the easiest to master. The basic tenets are: Play to the ball, not the man; do not use hands or arms to manipulate and control the ball; and do *not* foul deliberately.

And the cost? A youngsters' soccer team can be outfitted with as little as a gym suit and sneakers if you can just afford essentials. Up to twelve years of age, boys should use a volleyball for play; after that, for another two years, a junior-size soccer ball. Thereafter, he will be able to perform with a ball of regulation size and weight.

Do give him a colored jersey, please, and provide him with a number front and back for the glamour angle, and he will develop a sense of belonging to something more particularized than just the ordinary gym-suit group. A good canvas-topped, cleated shoe is desirable, and will eliminate toe kicks.

Hang goal nets on his reduced-size goals so he may experience the thrill of having a low, hard one swish against the back of the net like his older brother, and because, too, it's a proper appurtenance of the game. Outfit him with shin guards; they cost less than a dollar a pair.

And, last of all, *don't* expect to pay out money for injuries, although your boys may lose an occasional toenail

from constant action of the ball against his big toe, or get a scraped knee in a desperate attempt to gain back a ball from an opponent. He might possibly even sprain his ankle. Soccer's safety record has been extremely good, even at the rough, bustling college level.

At least five Eastern cities and one in the Midwest are working out worthwhile youth soccer programs. In Baltimore, Maryland, Dr. Donald Minnegan, athletic director at Towson Teachers College, stages an annual clinic and tournament for pre-high-school boys in conjunction with the city recreation department. In Philadelphia, all junior soccer has been placed under the department of recreation, while in Ithaca, New York, Jackson Hall, of the city recreation administration, is planning a large-scale youth soccer program.

Two summers ago, Irv Schmid, Springfield College coach, spearheaded a program of TV showings, clinics, and youth tournaments that continued into the fall for the youth of that Massachusetts city. Dale Harper, high-school coach, and Roy Dath, Trinity College coach, have offered similar leadership in Hartford, Connecticut.

One of the largest youth soccer programs in operation is that of the Catholic Youth Council in St. Louis, Missouri. With a staggering total of 350 teams in seven age classifications, more than fifty-four hundred lads play organized soccer under proper leadership. This program is headed by an outstanding coach, Bob Guelker, whose St. Louis University Billikens won the 1959 National Collegiate Athletic Association tournament, and were adjudged the number-one college team in the nation.

In closing, it is noteworthy that soccer was required in the program of every air cadet in the U. S. Naval Flight Officers Training Program during World War II. We owe our youngsters in America a complete program of sports, to give impetus to our slogans for fitness, to achieve the healthy aim, and, most important, to provide direction to young people during that difficult period of adolescence. #

# There Is NOTHING LIKE A GAME



## Odyssey of a Game

Tom Lantz



**B**OX HOCKEY and I have crossed the country together. Back in 1924, when I was director of a community house in Spring Lake Beach,

New Jersey, I recalled the days when I had walked three miles to an ice pond, shoveled off the snow, built a fire to keep warm with my chums, skated many hours, and played one game of ice hockey after another. In Spring Lake Beach, with its mild winters, there was little or no opportunity for ice skating or ice hockey. It was then that I decided to try to think of a game which would have the elements of ice hockey, without the ice, and yet be an active game for youngsters.

My maintenance man built a wooden box which I designed out of boards. I purchased two ice hockey sticks and a "nickel rocket" baseball for the first

MR. LANTZ is superintendent of public recreation, Metropolitan Park District, Tacoma, Washington.

game between two boys of elementary-school age. Children loved to play the game. Over the years, my maintenance men and I tried to improve the ball, the sticks, and the box. When I was employed in Reading, Pennsylvania, my maintenance crew tried to make balls out of sawdust and glue which never turned out too satisfactorily. The ice-hockey sticks, purchased commercially, never stood up under the terrific battle of the kids and were constantly broken. Even the box which was originally designed took such a beating that it often broke in many places. However, the game is now made of sturdy and durable hickory.

The game and I finally migrated to Tacoma, Washington, where I have stayed put. The game has traveled on, spreading rapidly to summer playgrounds throughout America. Today, foreign exchangees who have visited Tacoma have taken it to the four corners of the world.

This active game, played by two players, requires about a twenty-seven-foot space, and may be played indoors or out. The play begins with the ball in the cradle, and each player attempts to dislodge it from there, and hit it through his opponent's opening, while preventing his opponent from scoring through his own opening. The first player to accomplish this is declared the winner. Hockey sticks may never

be lifted higher than the edge of the box, put through either hole to block the ball, or held outside the box to keep the ball from coming through; and, of course, striking an opponent is forbidden. If any of these fouls is committed, the opponent is granted one free trial for a point by placing the ball in the cradle, and attempting to knock it through his opponent's goal. There are also variations on this game, and it can be played with doubles, or as "golf box hockey," where the players alternate their strokes.

Through the years, I have developed materials that can take abuse. The game is now manufactured commercially, or can be easily constructed as follows:

### I—List of Materials

- 2 pieces 3"-by-8" lumber, 9' long
- 3 pieces 3"-by-8" lumber, 3' long
- (Fir is substantial for family use, but oak is advised for playgrounds, to withstand hard use. In all instances, oak is recommended for the centerboard.)
- 8 pieces angle irons, 2"-by-8"-by-1/4" (fastened with bolts)
- 2 hickory box-hockey sticks
- 12 hickory field-hockey balls (3/4")

### II—How to Make a Box-Hockey Box

Make a frame, 3'-by-9', bolted with angle irons inside each corner. Set the 3-foot centerboard securely across the middle. Center an opening, 4 1/2"-high-by-3 1/2"-wide, on each of the 3-foot endboards. On the centerboard, make two openings, 3 1/2"-wide-by-4 1/2"-high, beginning each opening 4 1/4" from the end. On top of the centerboard, center a cradle, 3"-wide-by-1"-deep.

## A Plea for Handball

**A** RECENT Athletic Institute report on total participation in various sports in the United States gives an estimate of 6,714,000 tennis players and 5,000,000 golfers. The institute has also found that participation in various sports has increased in the past ten years; for example, tennis, sixty per-

cent; baseball, forty-two percent. In contrast, a National Collegiate Athletic Association study shows that of 395 colleges included in a survey, only fifty-four percent have handball courts. Despite the lack of courts, handball ranked twelfth in popularity and eleventh in number of participants in college intramurals.

Handball is an excellent activity to achieve complete physical fitness. The handball player uses virtually every muscle in his body as he runs, lunges, bends, twists, and jumps. Since the ball can be hit from almost any position

with either hand, handball is a difficult, fast game.

Handball requirements are simple. In the United States, the game is played both indoors and out, on a rectangular court 40'-by-25'-by-20'. The indoor game is played off the four walls and the ceiling, very much like squash rackets; the outdoor game, off one wall. Each has a national championship.

Get a handball program going in your recreation department!—HAROLD W. PAULSEN, Chairman, Health and Physical Education Department, State Teachers College, Slippery Rock, Pa.

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### Lend An Ear

Today's children are being gypped out of the joy of knowing many of our country's traditional songs. Too bad you can't have Ed McCurdy, or a folk singer like him, on your staff. His infectious *Children's Songs* are an open invite for children to sing along, skip along, dance about, act-it-out, and take off on some imagineering. His manner is straightforward—no cute attempts to whiffenpooh for the wee folk. He includes, among others, that school-camp-party favorite, "S-M-I-L-E"; an answer-back song, "A Hole in the Bucket"; a counting song, "One Man Went to Mow"; a sing-it-fast song, "Keemo Kimo"; and a nonsense song, "Three Fishermen." As an extra bonus, the jacket for the recording has a striking photograph of a youngster going down a country path (taken by folk singer-actor Tom Clancy) and good background notes on the songs. Available from Tradition Records, Box 72, Village Station, New York 14 (TLP 1027, 12" 33 1/3, \$4.98).—E.D.

### New Recordings

INVITATION TO GERMAN POETRY, read by Lotte Lenya (in German). Dover Publications, 180 Varick Street, New York 14. (12", 33 1/3, \$4.95).

COUNTRY BLUES OF JOHN LEE HOOKER, THE, (RLP 12-838), Riverside Records, 235 West 46th Street, New York 36 (12", 33 1/3, \$4.98).

FOLK DANCE! (Russian, Ukrainian, Moldavian, Latvian, Lithuanian, Yugoslav), with book of instructions by Ronnie and Stu Lipner (MXD 900). Monitor Records, 413 W. 50th St., New York 19. (12", 33 1/3, \$4.98).

FOLK SONG FESTIVAL AT CARNEGIE (UAL 3050). United Artists, 729 7th Ave., New York 19. (12", 33 1/3, \$3.98).

HI NEIGHBOR (Chile, Greece, Ethiopia, Nigeria, Thailand). U. S. Committee for UNICEF, United Nations 17, N. Y. (10", 33 1/3, \$3.00).

HONOR YOUR PARTNER #16 (advanced modern physical fitness activities for girls and women), Ed Durlacher. Square Dance Associates, 33 South Grove St., Freeport, N. Y. (four 12" records, 78 rpm, \$12.00 set).

LIGHTNIN' HOPKINS: COUNTRY BLUES, (TLP 1035). Tradition Records, Box 72, Village Station, New York 14. (12", 33 1/3, \$4.98).

LISTEN AND LEARN JAPANESE. Dover Publications, 180 Varick Street, New York 14 (three 12" records with manual, 33 1/3, \$5.95).

MY LORD, WHAT A MORNIN', Harry Belafonte (LSP 2022), RCA Victor, 155 East 24th Street, New York 10 (12", 33 1/3, \$4.98).

OPERA FOR PEOPLE WHO HATE OPERA (LM 2391). RCA Victor, 155 East 24th Street, New York 10 (12", 33 1/3, \$4.98).

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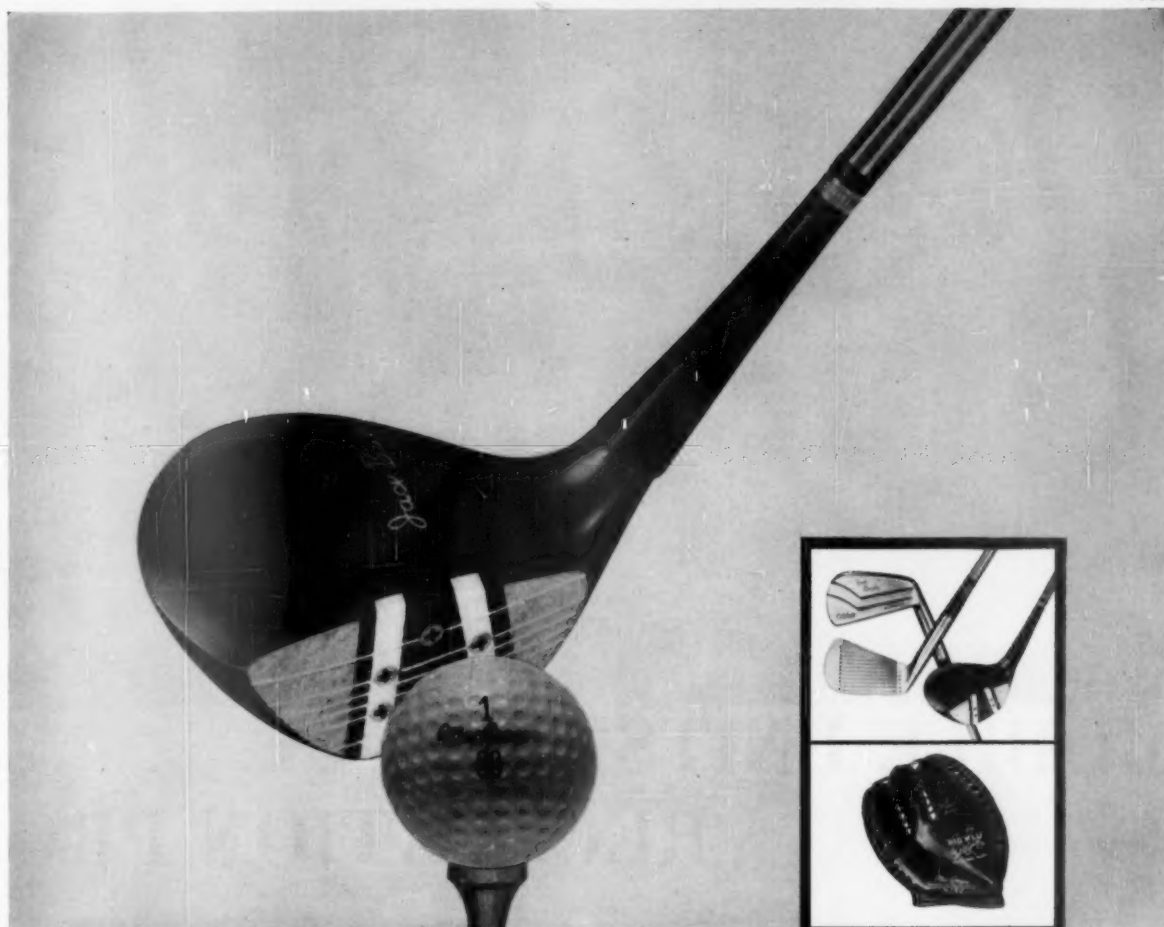
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SEPTEMBER 1960

315





*Boston Children's Theatre stagemobile gives performance at a Brookline play area.*

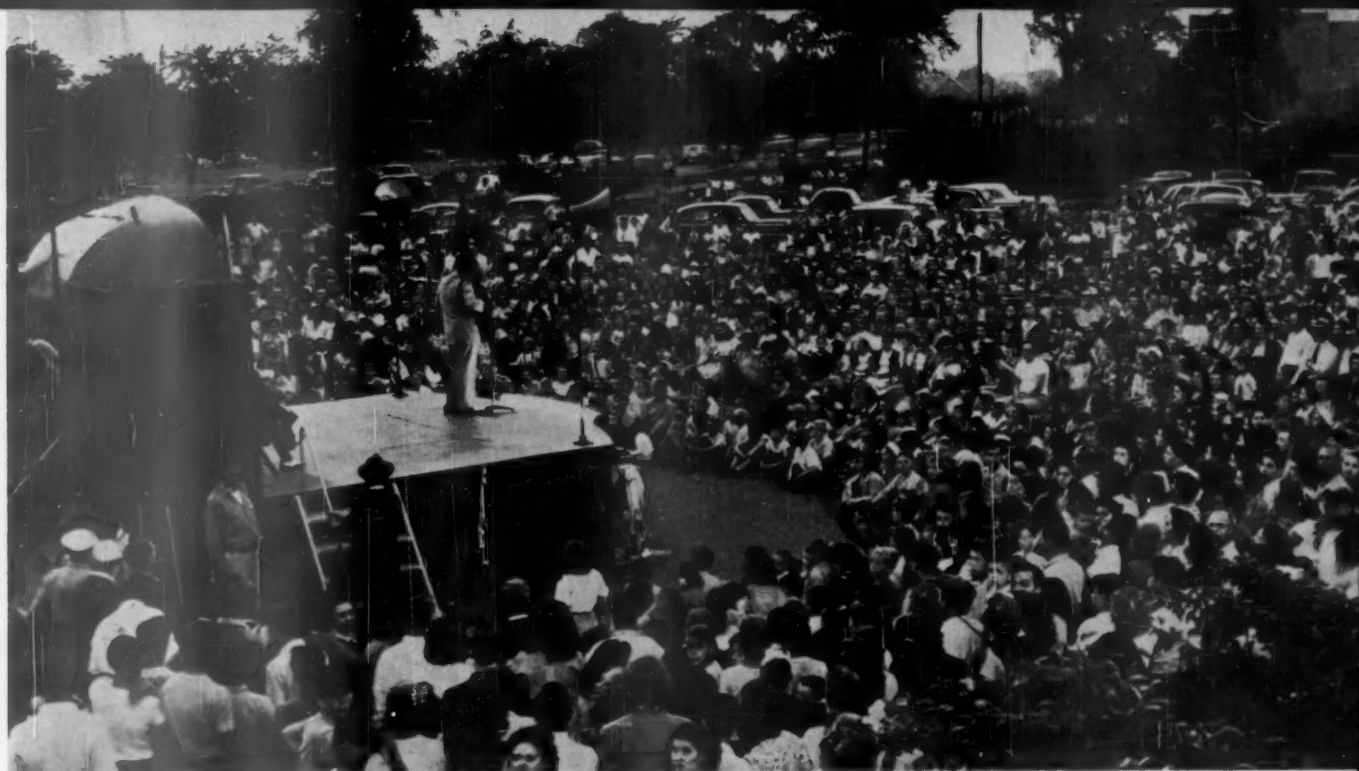
## MOBILE UNITS IN RECREATION PROGRAM



*The stagemobile arrives! Boston Children's Theatre troupe unloads scenery before adding wings and curtains to stage.*

*Now zoomobiles and sciencemobiles join the circus as travelling attractions. Wire-front cages house small animals. Glass-front cabinets display natural history exhibits.*





Mobile stage unit is economical and efficient for variety of presentations, as used, above, in Cleveland, Ohio.

## RAMS

Virginia Musselman

*We are often called a "nation on wheels."*

*Can recreation programs be more mobile?*



**M**ANY OF THE factors affecting all types of community services, which have a very definite bearing on recreation, were discussed at the recent White House Conference on Children and Youth. Many are exerting, and will exert, increasing pressures on the services of recreation agencies.

It has become imperative for such agencies to consider seriously not only how to maintain present services, but expand them to meet new demands and needs. Some departments are already experiencing the paradox of increased demand for services coupled with a growing resistance in providing the tax or contributed dollar. Any method of giving increased flexibility to programs and leadership should therefore be explored. The use of mobile units may be one.

Mobile units, especially of the playmobile and the show-wagon type, are not new. RECREATION has carried many articles about specific ones in use (*see list of references at end of article*). In the past, however, some were very makeshift, and their effective use was hampered by difficulties in assembling them, lack of loudspeaker systems, power generators, limited program use, and the like.

In February 1960, the National Recreation Association Program Department began to compile information about current use of such units.

*Continued on next page*

It got in touch, by questionnaire, with departments having used such units in the past, and asked, through the January 1960 *Affiliate Newsletter*, for additional information. It did not attempt a nationwide survey. Its objective was to get a fair sampling that might help departments which had not yet considered using this means of extending their services. For purposes of interpretation, it used the following definitions:

**Playmobiles**—Used primarily to bring various kinds of play equipment to areas and neighborhoods without playgrounds.

**Show Wagon**—Used for plays and puppet shows.

**Portable Bandstands** (on wheels)—Used for concerts, talent shows.

**Crafts on Wheels**—Used mainly for craft programs in much the same way as playmobiles.

**Hobymobiles**—Primarily to exhibit and demonstrate hobbies.

**Traveling Trading Post**—Used for "swap" programs, sale of craft and other materials.

**Zoomobile**—Used for nature programs, exhibits—plant and animal life, rock formations.

**Other types of mobile units**—Those not listed above and that should be included.

From the information received, several interesting trends become apparent. First, departments with show wagons and bandstands or shells are finding multiple uses for them. In several instances, units designed and manufactured commercially are in use, or are being considered.

Show wagons and mobile bandstands are by far the most prevalent, eighteen departments reporting the former, and nine the latter. No one reported a traveling trading post; only two reported a zoomobile; one reported a hobymobile, no longer in use owing to faulty construction; three reported craftmobiles as separate units (playmobiles often included craft supplies, etcetera). Four departments reported playmobiles, one of them using three such units.

More communities in the Middle West reported mobile units than in any other section of the country, but all sections were represented. Size of communities varied from St. Cloud, Minnesota, to New York City.

The following information is not inclusive, but is given to show the many uses to which mobile units are now put. The fourteen communities mentioned are part of the thirty-four that reported using some type of mobile unit, but which in the other cases gave no specific details.

## Show Wagons, Playmobiles, and Portable Bandstands.

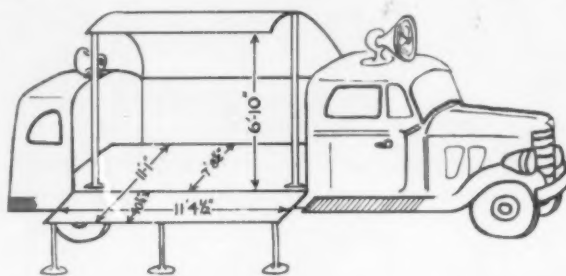
The playground and recreation commission of Cedar Rapids, Iowa, bought, in 1959, one of the new portable commercial bandstands constructed by the Wenger Music Equipment Company of Owatonna, Minnesota. In addition to its use in bringing music to community people, Nevin

MISS MUSSELMAN is head of the National Recreation Association Program Service.

Nichols reported plans to make use of it as a show wagon, too, during the 1960 playground season.

The department's playmobile (see references) has been operated for over five years. It provides a compact playground and playground program for congested areas with no play space. The Cedar Rapids Jaycees completely built and equipped the playmobile and contributed it to the department. An old, flatbed trailer unit is the basic platform. With its side panels lowered, the unit becomes a self-contained apparatus area equipped with a merry-go-round (six feet in diameter), two hobbyhorse swings, and a ten-foot slide.

It also carries a craft table, two benches, a portable tetherball pole and base, and two bright-colored street barricades. One maintenance man can set it up, and then leave for other jobs. Two leaders, a man and a woman, take over and conduct the program from 9 A.M. to 5 P.M. In this way, five locations in the city are visited one full day a week.



In New Orleans, the mobile unit of the department of recreation is called the Traveling Theatre. It was designed so sides fold down and form a platform for stage performance or for speakers. It has been very helpful in dedicating new facilities because it can be set up in the new area for the occasion, thus obviating the necessity for erecting temporary stages or platforms. A good loudspeaker and a turntable for records increase its efficiency.

At the 1960 White House Conference on Children and Youth, it was reported that millions of children in the United States had never seen a live play. For almost ten years, the Boston Children's Theatre Stagemobile has brought live theatre to around twenty-four thousand youngsters during July and August in its two-month swing around communities within a fifty-mile radius of Boston.

The stagemobile brings two plays a day at a cost of one hundred dollars, or one play for eighty-five. Nearly every town that has booked the show once books it again. The Metropolitan District Commission underwrites the cost of ten free bookings. Average audiences range from seven to eight hundred children.

The recreation department of Hamilton, Ohio, gets multiple use from its show wagon. It is used for shows in the evening, but during mornings and afternoons carries craft supplies for use in the craft program.

Headquarters of the Fifth United States Army reports its showmobile takes stage shows to remote installations, covering thirteen states. It has a 9'-by-4' stage area, two dressing rooms, is electrically heated, and equipped with a 10,000-watt generator.

Continued on Page 340





..... ADMINISTRATION .....

## MAINTENANCE

### ... of Recreation Facilities

Martin N. Thomas



**I**N ANY consideration of maintenance of recreation facilities, the subject of basic design will certainly emerge as the chief controlling factor. With this in mind, let us consider this important point before entering into any detailed account of maintenance methods. All recreation facilities serve certain definite purposes, and every effort should be made to design each facility so all of these will be met.

All recreation facilities are subject to depreciation through use, misuse, age, and the elements. Therefore, the design of any facility should take into account all factors having a bearing upon its life and full utilization. Even with the best planning, maintenance problems will arise that can be solved only through the exercise of a considerable amount of ingenuity.

Most of us have seen baseball and softball fields unusable for long periods following rain because of puddles around

MR. THOMAS is superintendent of parks, St. Joseph, Missouri. From address, Midwest District Conference, April 1960.

#### *The effect of planning and ingenuity . . .*

the bases; and many of us have seen attempts to correct this condition at the last minute in order to maintain a league schedule. Sand is spread on the wet areas; gasoline is poured on the field and set afire; the game goes on under adverse conditions; and everybody is unhappy. This operation is repeated several times a season, over a period of years, at considerable cost and dislocation of scheduled programs.

Very likely proper design could have minimized this situation before the field was established. If the area was considered suitable for a ballfield in the first place, it follows that the grading required to provide proper drainage would not have been very great. Even on fairly level areas it is possible to provide drainage away from the infield. After grading, incorporate sand into the top six inches of the infield and base paths in amounts sufficient to prevent muddy conditions or crusting of the surface when it dries. Such construction appears expensive at the moment, but, over a period of years, maintenance cost will be much less than that of an ungraded field; even more important, more games may be scheduled.

I believe all administrators of recreation programs will

agree it is essential that responsibility for maintenance of all facilities be delegated to one person. This person should be familiar with construction, operation, and maintenance of all facilities under his jurisdiction. Of equal importance is insuring that the persons responsible for maintenance and for program arrangement understand each other's problems and that they cooperate fully.

Any maintenance program should have a regular schedule that will least interfere with use of facilities. Such an arrangement requires that the supervisor of maintenance and the program supervisors keep one another informed of their respective activities. It is not uncommon for the maintenance crew to find a game in progress when it arrives at a ballfield to drag the infield or to mow the outfield. By the same token it is not uncommon for program directors to find that maintenance has entered the area just prior to the scheduled time for a game. Or, again, maintenance may exert every effort to place a field in perfect condition only to find the game has been postponed. On the other hand, the teams may arrive for a scheduled game only to find a rough infield, unmarked base lines, and the outfield a jungle.

Such situations have let loose many harsh words and much steam, but we should resign ourselves to the fact that this will be standard operating procedure as long as maintenance supervisor and program supervisor fail to cooperate. Also, such cooperation will be difficult to achieve as long as the respective supervisors are under different administrative authorities.

One important phase of maintenance, often overlooked, is housekeeping. The influence of any recreation program extends beyond the participants in its activities. Spectators as well as casual onlookers are impressed, favorably or unfavorably, by the general appearance of a recreation area; therefore, neatness and order are prime requirements. It is a maintenance axiom that well-maintained facilities do not receive the abuse neglected facilities do. People hesitate to mistreat clean, neat, and orderly facilities, whereas an ill-kept and dilapidated facility invites abuse.

No recreation program can operate efficiently unless an adequate sum is allocated for maintenance. In many instances, all available funds are allocated for facilities and programs, with no thought of maintenance, or in hopes that funds for maintenance will be available at some later date. No community can afford to provide more facilities than it can maintain properly, yet that situation exists in many. The tax-paying public is likely to be more critical of poorly maintained facilities than of inadequate programs.

Since most recreation facilities are used in connection with seasonal activities, it is a common practice to terminate maintenance at the end of the period of intensive use. With the resumption of use, there is a frantic last-minute effort to get everything ready. It is very difficult to hire competent labor on a seasonal basis, and, unless the recreation program is very limited, it is highly desirable that a year-round maintenance force be employed. In small communities this may be a one-man operation during the winter

months. With proper planning, all outdoor equipment can be overhauled then, with the result that very little maintenance will be required during the time of heaviest use.

Following is a list of items that can be reconditioned to good advantage during the winter or off season.

*Power equipment.* Tractors, trucks, lawn mowers, pumps, etcetera.

*Playground apparatus.* Picnic tables, stoves, lighting equipment, benches, bleachers, etcetera.

*Golf equipment.* Tee markers, flags, ball washers, signs, and so on.

*Sports.* Fields, fences, backstops, etcetera.

*Swimming pool equipment.* Pumps, chlorinators, valves, fences, floats, signs, checking facilities, diving boards, etcetera. Immediately upon closing the pools, all filters and circulating lines should be drained. Buildings and dressing rooms should be repaired and painted if necessary. Early autumn is a much better time for this work than late spring.

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**T***he average taxpayer is not interested in the amount that you pay for fertilizers, grass seed, and stationery; he is interested in the cost of the operation of your golf course, your beaches, your zoo, and your conservatory. The necessity for keeping records so as to express these costs honestly and intelligently cannot be overemphasized.*  
—GEORGE B. CASKEY, superintendent of parks, Winnetka, Illinois.

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During periods of intensive use, all facilities require constant attention in order to realize their full worth. All turf areas must be mowed regularly. Ballfields and clay tennis courts must be dragged and marked frequently. Picnic areas require special attention. Tables must be washed every day and, often, more. Refuse containers can become very offensive during hot weather and must be emptied and washed frequently. Fly sprays should be used regularly. All litter and any food particles must be picked up, also tin cans.

Every community has a vandalism problem, and I know of no method of eliminating this drain upon maintenance funds. Vandalism can be decreased by the immediate removal or replacement of the damaged article. For instance, if a window is broken and not replaced immediately, it is quite likely that a rash of broken windows will develop; whereas, if the glass is replaced immediately, there is little likelihood of other windows being broken unless someone is dedicated to the idea of total destruction. Occasionally someone will dump a quantity of tin cans and refuse in a recreation area. If this is not picked up immediately, the area will soon resemble the city dump.

Buildings present a particular problem in the maintenance program. If they are in constant use, ordinary wear and tear will make frequent repairs necessary. Frequent painting is a must, and areas, such as gymnasium floors, require a great amount of care. The type of programs conducted in buildings and the character of the supervision under which they are conducted will have a marked effect upon the amount and type of maintenance required. Iso-

*Continued on Page 336*



## CONCERNING UPKEEP

Arthur Todd

**U**PKEEP is "the process of keeping up or maintaining; the maintenance, or keeping in operation, due condition, and repair, of an establishment, a machine, etc.," according to the American College Dictionary. The "etc." permits us to expand the definition to include recreation buildings and areas, equipment, supplies, and all other property with which recreation and park workers are concerned.

This column is an answer to the need expressed by readers of RECREATION for more information concerning upkeep. It is intended as an exchange—of hints and suggestions on upkeep and a discussion on the wide range of ingenious ideas that park and recreation departments have developed. How long the column continues depends upon the interest shown, and, particularly, upon our readers' willingness to share their practical ideas, to ask and answer questions, and to provide material.

Martin Thomas, superintendent of parks in St. Joseph, Missouri, in an article on Page 319 of this issue, points out that "even with the best of planning, maintenance problems will arise that can be solved only through the exercise of a considerable amount of ingenuity." Everyday, somewhere, someone is exercising his ingenuity in figuring how to maintain, keep in condition, or repair something as simply, cheaply, and effectively as possible; someone is solving a maintenance problem baffling someone else.

This assertion is confirmed by the tips on upkeep—tried and tested—by another man from Missouri, Bill Lyon, superintendent of parks and recreation in Marshall. Bill has developed a park system regarded highly by the people of

Mr. TODD, assistant executive director of the National Recreation Association, was formerly the Association's Midwest district representative.

Marshall and the surrounding area, and it is visited frequently by citizens of other communities interested in developing or improving their own parks. Bill has found out how to keep up his facilities at minimum cost; he experiments; he makes good use of what he has to work with. Here are a few samples:

1. We made a very convenient repair table out of the base of a barber chair. We removed the seat and put a 24"-by-36" table top on it. The lift works off the air hose. The table can be raised or lowered and turned around to get to all sides of a repair job.

2. We have a spring-fed lake that is excellent fishing, except for a plague of moss growing in it. We have tried to remove or eliminate the moss in many ways without success. We attached a hay rake, upside down, at the bow of a boat. As the boat moves through the water, propelled by poles, the rake catches up the moss. At the bank the rake is lifted, the moss removed with a pitchfork, and taken away.

3. Golf is a very important part of our recreation program. All children play free and enjoy free lessons. We built a permanent driving cage, using a wire frame with a canvas backdrop. We keep a box of used golf balls for the youngsters. Whenever anyone finds a ball with no name on it, he puts it in this box. Since the children know they can use these anytime, they readily turn in any balls found on the course.

4. Sandboxes in the play area should have corrugated tin bottoms. Wooden bottoms soon rot and need replacing. The wooden sides are made of boards used for stair treads, giving a smooth round edge. Painting, of course, preserves the wood and lengthens the life of the box. Placing small boxes, about 3'-by-3', on eight-inch cement legs, allows adequate drainage. Sand should be clean, free of sharp particles, such as glass, and should be changed every two

or three years. The dirty sand can be used as a fill in low places, or put to other uses.

We have had considerable success with several sizes of sandboxes. One is a large one, 12'-by-24', constructed of cement blocks. This is fine for group play or large projects. The 3'-by-3's are just right for smaller children.

5. We have devised a very convenient way of storing playground equipment at the close of each day—a large watertight steel cabinet on wheels, that can be pushed out to the playground each morning and returned to the shelter house each evening. Inside are racks, hooks, boxes, bins, etcetera to hold all balls, bats, rackets, and other equipment. The playground instructor can check out the equipment without leaving the playground. By having a place for each piece, she can tell at a glance if everything has been checked in.

6. Two common sources of trouble for leather goods, such as balls, shoes, and other items, are high temperature and excessive moisture. As a result of either, mold rot can form on the leather, attacking both leather and stitching. To prevent this, leather equipment should be stored in a cool, dry place. When leather gets wet, it should be dried immediately, normal room temperature being better than any kind of artificial heat. Saddle soap cleans and helps prevent harshness; dry-cleaning fluid should never be used.

Inflated balls should be stored and inflated, but at reduced pressure in a cool place. Never fold or crush them. If possible, they should be stored so there is free air circulation. When inflating, always moisten the needle, preferably with glycerin. A pressure gauge should be used, for overinflation causes strain and lessens the life of the ball.

7. A quick way to paint pipe is to turn a pair of fleece-lined plastic gloves wrong side out, then dip into paint and rub hands down the pipe.

Thanks to Bill Lyon for these hints. Do they suggest any others that you have tried and found practicable? Do they raise any questions you would like to ask? We will be glad to print your questions, and invite readers to supply answers. We would like to hear from you. Help us keep up "Concerning Upkeep." #



## An Immediate Problem

The Park, Recreation and Open Space Project of the New Jersey-New York-Connecticut metropolitan region was set up to help meet the growing need for open space in the twenty-two-county region by providing necessary data and developing recommendations which will be useful to government and other agencies having responsibility for acquisition and preservation of parks and other open land. The project is a joint effort of public officials and civic organizations. Its sponsors are the Metropolitan Regional Council and the Regional Plan Association. The project has had the advice and assistance of the Metropolitan Council of Planning Agencies, the National Recreation Association, and the National Audubon Society. Project manager is Stanley B. Tankel, RPA senior planner. This study will be discussed during the 42nd National Recreation Congress session on research techniques.

Three of the project's series of four publications have already appeared.\* The first, *The Law of Open Space*, by Shirley Adelson Siegel, covers legal aspects of acquiring or preserving open space. Mrs. Siegel was recently named assistant attorney general of the State of New York. The report makes the following recommendations:

- The states of New Jersey, New York, and Connecticut should follow the lead of California which, in 1959, enacted a law empowering municipalities to acquire land as open space designed to enhance the value of surrounding urban development. This far exceeds the usual powers to acquire parks to preserve scenic values.
- The three states should give serious consideration to establishing a self-liquidating land acquisition agency to operate in the path of urban growth, just as urban renewal agencies operate now in the heart of urban congestion or decay. The three state agencies would acquire large parcels of land, plan their use, sell to private enterprise those areas most suitable for development and reserve areas for parks and other public needs. The three states should enact legislation to authorize multiple use of reservoir lands and forest lands.

\* Reports available through National Recreation Association Book Center, 8 West 8th Street, New York 11.

- County and local officials should make greater use of the variety of existing powers to keep land open. These include: excess condemnation, scenic easements, transfers of private land by gift and public land between agencies, tax lien foreclosure, advance acquisition of parklands in anticipation of future needs, property-tax and income-tax policies, and zoning of flood plains, wetlands, designated scenic areas and rocky lands against development.

The second report, entitled *The Dynamics of Park Demand*, was prepared by Dr. Marion Clawson of Resources for the Future. Dr. Clawson notes that there will be a substantial rise over the next quarter century in each of the factors which most affect the demand for recreation: *population, per capita income, leisure time, and ease of travel.*

The third report, *Nature in the Metropolis*, was prepared by Dr. William A. Niering, ecologist and associate professor of botany at Connecticut College. It urges immediate action to save two hundred and twenty square miles of presently undeveloped land in the tristate New York metropolitan region. Dr. Niering states, "Nature is more varied in the New York region than in any other metropolitan area of the country. The need to preserve this great natural bounty has now become a matter of urgency." At stake are fast dwindling resources for parks, nature study, protection of wildlife, flood prevention, and water supply in this area.

Dr. Niering stressed that "participation in such natural area activities as hiking, bird-watching, hunting, fishing, camping, and boating is outstripping population gains by far. This fact is borne out by the steady increases in attendance records, equipment sales, licenses issued, and by mere observation. . . .

"Conservation is not often associated with the built-up parts of our nation," says Dr. Niering, "yet in this era of unbridled metropolitan expansion, it has become a critical urban problem. Within this great urban region are the most powerful and impressive examples of man's ability to alter the natural environment. Skyscrapers, expressways, bridges, aqueducts, canals, dams—these represent what man has carved out for himself from the raw materials which nature provides. But we . . . find ourselves the victims of our own accomplishments. Due to man's ineptitude, water and air often become polluted, floods run rampant, and the food supply itself is threatened. But, perhaps most important of all, man's carelessness with nature destroys the best form of relief he has from the tensions of urban life."

The Niering report received vigorous endorsement by county and town officials in Bergen County (N. J.), Nassau, Suffolk, and Westchester Counties (N. Y.), and Fairfield County (Conn.). Commented Hugh R. Pomeroy, director of planning in Westchester, "I feel that the preservation of open space is the most important single problem that we face today in the physical development of communities. It is more important even than building new highways. If a highway is really needed, it will be built someday . . . but we cannot recreate open space. Once it is gone, it is gone."

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## NOTES FOR THE ADMINISTRATOR

### New Dimension to an Old Concept

In his final report as superintendent of the Minneapolis Board of Park Commissioners, Charles Doell commented on changes that have occurred in park service since the beginning of the century. He pointed out that "recreation has added a new dimension . . . to the old concept of parks being islands of peace and quiet . . . in contrast to the confused stream of city life surrounding these islands." Commenting on the growing establishment of neighborhood parks, he noted that, in several instances, these were built and integrated with school facilities and devoted to active recreation for people of all ages. The horticultural adornment of these areas is kept at a minimum, in view of the wear and tear of today's extensive recreation use.

"Even large park areas are experiencing more active use and far greater attendance than they were ever intended to provide at the time of their original designation. For instance, at our Minneapolis lakes in bygone years, crowds were expected to attend the designated bathing beaches. Today, the grass areas circumscribing these lakes are almost completely occupied by individuals sunbathing and groups of informal picnickers. The added population within the city, plus the fact that the development of parks in suburban communities has not kept pace with the increase in population, has placed increasing burdens on our city parks.

"It is now no longer possible to maintain all our parks as landscaped areas. . . . Today the concept of design as well as the actual accommodation of people is influenced principally by the needs and demands for active recreation. We find that many of our larger parks are in need of reconstruction to conform with the modern demands of traffic and recreation use."

### Greenbelt Communities

A general plan report for South Santa Clara County, California, *From Roadside Towns to Greenbelt Cities*, presents a proposal for the development of a valley only lightly touched by the hands of man and devoted primarily to orchards and agricultural uses. Recreation is stressed.

The plan proposes a system of local and regional parks, connected by trailways and recreation roads, with allowance for ample recreation space as neighborhoods develop. For the year 2000 it envisions a "greenbelt" city of some 275,000 people living in six communities, each with a distinct character. Separating them, and limiting their ultimate growth, would be a greenbelt comprising 35,000 acres of agricultural land. A civic and cultural center between two of the towns would include city and county offices, a junior college or university, a regional shopping center, and a park with stadium, gymnasium, outdoor theater, auditorium, playfield, and wooded picnic area. The typical neighborhood

would be developed around the school and neighborhood park, grouped as a greenbelt of public open space. Easily accessible to the whole neighborhood by pedestrian walkways, a green common fosters social cohesion often lacking in the ordinary subdivision.

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# PERSONNEL

## 1970 and the Missing Five-Sixths

W. C. Sutherland

**F**IVE-SIXTHS is a fraction of dire portent to the field of recreation. It can become a nightmare to haunt each professional recreation worker since it means that only a small fraction, or *one-sixth*, of the thirty thousand recreation vacancies expected by 1970, because of turnover and newly created jobs, will be filled unless they are filled by unqualified people. That is what we have to look forward to if recruiting efforts do not become more effective and more recreation students are not graduated.

The National Recreation Association's National Advisory Committee's student inventory (see table) indicated that the profession is barely holding the line. Although the number of recreation graduates reported for 1960 (598) is slightly higher than the preceding year, it is still below 1958 and the high mark of 1951 (692). With only forty-six of the sixty-five schools with major recreation curriculums reporting graduates, it is obvious that many of them are doing little to increase the ranks.

Four districts, Middle Atlantic, Southern, Great Lakes, and the Pacific Southwest, accounted for eighty-two percent of the recreation graduates this year. Although the Great Lakes dis-

trict is still producing the largest number of professional students, it dropped from 207 students last year to 172 in 1960. The Middle Atlantic remained about the same as last year while the Southern and Pacific Southwest districts showed increases.

Recruiting must be a personal mission, and the advisory committee urges each professional worker to make a solemn compact with himself to:

- Provide guidance counselors and school principals with recreation career information. Don't send it—take it and get acquainted with them personally.
- Counsel the young people participating in your programs. Tell them about the total field and the many types of positions, not just about your own job.
- Keep parents and teachers informed on trends and professional opportuni-

ties by speaking at Parent-Teacher Association and other meetings. Help promote and participate in career days.

• Post recreation literature in schools and libraries. Keep recruiting materials handy for ready use in your office and at the recreation center. The National Recreation Association will provide it.

Start today! Do it now!

The recreation profession and the public may become more critical in evaluating what is being done; we may conduct more research to validate philosophies, principles, and practices; we may write higher standards and promote strict adherence to good professional performance, but these will be mere wishful thinking, academic exercises, unless we solve the recruiting problem. Recruiting must become a major crusade. #

COMPARISON OF NUMBER OF SCHOOLS REPORTING AND DEGREES GRANTED 1951, 1956, 1957, 1958, 1959, 1960

DISTRICT	Number of Schools Reporting						Number of Degrees Granted					
	1951	1956	1957	1958	1959	1960	1951	1956	1957	1958	1959	1960
New England	4	3	2	4	2	3	27	49	21	81	27	38
Middle Atlantic	9	6	4	7	5	8	173	78	26	121	91	92
Southern	10	9	8	12	8	10	100	86	70	104	83	121
Great Lakes	11	9	7	14	8	10	251	182	167	211	207	172
Midwest	4	0	1	3	1	1	26	0	1	8	4	3
Southwest	2	1	1	2	2	2	16	3	4	3	13	12
Pacific Southwest	10	4	9	13	6	7	65	17	92	125	65	107
Pacific Northwest	3	4	3	6	2	3	34	29	25	30	13	51
TOTAL	53	36	35	61	34	46	692	444	406	683	591	598

MR. SUTHERLAND is director of the National Recreation Association's Recreation Personnel Service.

NUMBER OF DEGREES AWARDED IN 1960

DISTRICT	No. of Schools Reporting	Bachelor			Master			Director			Doctor			TOTAL		
		Men	Women	Total	Men	Women	Total	Men	Women	Total	Men	Women	Total	Men	Women	Both
New England	3	21	10	31	5	2	7							26	12	38
Middle Atlantic	8	29	10	39	30	10	40	2	2	4	6	3	9	67	25	92
Southern	10	74	33	107	11	3	14							85	36	121
Great Lakes	10	68	52	120	36	14	50				2		2	106	66	172
Midwest	1	2	2	4	1		1							3	2	5
Southwest	2	6	6	12										6	6	12
Pacific Southwest	7	56	35	91	7	9	16							63	44	107
Pacific Northwest	3	21	25	46	5		5							26	25	51
TOTAL	46	277	173	450	95	38	133	2	2	4	8	3	11	382	214	598



# Save substantially with National's New projector-n'-slide packages!

You simply can't beat "sing-along" sessions when it comes to perking up group spirits! Now, National offers **FOR THE FIRST TIME AT THESE LOW PRICES** three outstanding "Projector-n'-slides" packages! Quantities are limited, however, so please place your order promptly!

## PACKAGE #1:

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Projector	\$44.95
25 2"x2" slides @ .50	12.50
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<b>You Pay</b>	<b>\$45.45</b>
<b>SAVE</b>	<b>\$12.00</b>

## PACKAGE #2:

Powerful Mansfield Projector plus 50 All-time song slides.

Projector	\$44.95
50 2"x2" slides @ .50	25.00
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<b>You Pay</b>	<b>\$54.95</b>
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This is the Mansfield SKYLARK 300 Automatic Projector. This compact unit is the culmination of modern styling and engineering. The excellent optical system incorporated in the "Skylark" gives your pictures the snap and clarity necessary for real projection enjoyment. 300 watt Tru-Focus lamp. F/3.5 coated lens. Manual changer. Tilt controls. Turbo type fan impeller to insure maximum coolness at all times!



## PACKAGE #3:

Powerful Mansfield Projector plus 100 All-time song slides.

Projector	\$44.95
100 2"x2" slides @ .50	50.00
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<b>You Pay</b>	<b>\$77.45</b>
<b>SAVE</b>	<b>\$17.50</b>

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1. A Pretty Girl
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22. Alouette
28. America the Beautiful
40. April Showers
56. Baby Face
60. Band Played On
63. Battle Hymn Republic
69. Beer Barrel Polka
74. Bells of St. Mary
79. Bicycle For Two
100. Bye Bye Blues
104. By the Light Silvery Moon
105. Cassions Go Rolling Along
113. Carolina in Morning
114. Carolina Moon
121. Chasing Rainbows
129. Clementine
150. Danny Boy
156. Dear Old Girl
159. Deep in Heart of Texas
163. Dinah
167. Don't Fence Me In
170. Don't Sit Under Apple Tree
171. Down By Old Mill Stream

177. Drifting & Dreaming
181. Easter Parade
182. East Side, West Side
201. Five Feet Two
202. Flow Gently Sweet Afton
204. For Me & My Gal
207. Frivolous Sal
218. Girl of My Dreams
221. God Bless America
259. Home on the Range
265. How Deep is the Ocean
287. I'll Be with You in Apple B T
289. I'll See You in My Dreams
294. I'm an Old Cowhand
297. I'm Dreaming of White Xmas
298. I'm Forever Blowing Bubbles
300. I'm Looking Over 4 Leaf Clover
309. In My Merry Oldsmobile
310. In the Evening by Moonlight
313. In the Good Old Summertime
331. It's A Grand Old Flag
337. I've Been Working on RR
341. I Want a Girl, etc.
346. I Wonder Who's Kissing Her Now
348. Jingle Bells

356. Just a Song at Twilight
358. K-k-k-Katy
375. Let Me Call You Sweetheart
379. Let's Sing Like Birdies
380. Let Rest World Go By
391. Little Red Schoolhouse
395. Look for Silver Lining
414. Man on Flying Trapeze
420. Marching Along Together
422. Margie
433. Meet Me in St. Louis
450. Moonlight & Roses
454. Moon over Miami
460. My Bonnie
473. My Wild Irish Rose
485. Oh Dem Golden Slippers
492. Oh Susana
494. Oh You Beautiful Doll
497. Old Gray Mare
500. Old MacDonald Had a Farm
513. On the Road to Mandalay
520. Pack Up Your Troubles
524. Peg Of My Heart
528. Polly Wolly Doodle
532. Poor Butterfly

537. Put Your Arms Around Me
576. Shanty in Old Shanty Town
578. She'll Be Comin Round M.
582. Shine on Harvest Moon
584. Show Me Way to Go Home
586. Silent Night
594. Smiles
616. Springtime in the Rockies
629. Sweet Adeline
635. Sweetheart of Sigma Chi
644. Take Me Out to Ball Game
651. That Old Gang of Mine
656. That's Peggy O' Neil
663. There's a Long Long Trail
691. Till We Meet Again
715. Wagon Wheels
718. Wait Till Sun Shines Nellie
731. When Irish Eyes are Smiling
734. When I Lost You
742. When You Wore a Tulip
749. Whiffenpoof Song
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760. Winter Wonderland
763. Yankee Doodle Dandy
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## 1960 Graduate Assistance Awards

**F**IVE POTENTIAL leaders in the field of recreation for the ill and handicapped have been awarded a total of fifteen thousand dollars through the graduate assistance program of the National Recreation Association's Consulting Service on Recreation for the Ill and Handicapped.

Awards were granted to the following:

**PRISCILLA H. BOWDLE**, of Wilmington, Delaware, is a graduate of Sweet Briar College, Sweet Briar, Virginia,



and has a bachelor's degree in psychology. She worked for two years in a summer camp for physical-

ly handicapped children in Delaware and has been a recreation specialist in the pediatric division of Roosevelt Hospital, New York. She will do her graduate study at Teachers College, Columbia University, New York City.

**JOHN A. NESBITT**, of Battle Creek, Michigan, is a graduate of Michigan



State University, with a bachelor's degree in journalism and philosophy. Upon completion of his tour of jet-pilot duty with the U. S. Air Force,

Mr. Nesbitt became editor of the four-language monthly journal of the multi-nation federation of Junior Chambers of Commerce. Since 1959 he has been that organization's program director, promoting programs for the handicapped on an international level. He, too, will do his graduate work at Teachers College.

**MRS. ANNE M. MCINNES**, of Staten Island, New York, is the widowed mother of three teenagers. She holds a bachelor's degree in education from Fordham University, New York City. She has been director of volunteers at



Seaview Hospital, Staten Island, since

1958, and is interested in developing the role of volunteers as recreation aides in rehabilitation programs. Mrs. McInnes also plans to do her graduate study at Teachers College.

**RICHARD C. PARKER**, of Glen Alpine, North Carolina, received his bachelor's



degree in recreation from the University of North Carolina, where he also plans to do his graduate work. Since 1956 he has worked as specialist in two hospitals and is interested in recreation for the mentally ill.

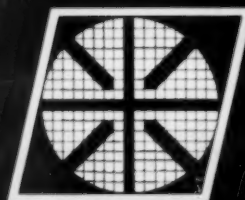
**BARBARA C. MUMFORD**, of Seattle, Washington, holds a bachelor's degree



in education from Oregon State College. She is a registered occupational therapist, has had three years' experience working in the Wash-

ington State Department of Labor with cerebral-palsied children. As a recreation specialist, she now directs recreation programs for mentally retarded children, physically handicapped children, and programs for the aged in the King County Park and Recreation Department, Seattle. Miss Mumford is interested in the development of community recreation programs for the handicapped, and plans to do graduate work at San Jose State College, California.

Applications are now being accepted for the 1961-62 awards; the deadline for filing is March 15, 1961. Applicants for assistance toward the master's degree must have received, or expect to receive, their bachelor's degree by June 1961. Those applying for the advanced program must have a master's degree and several years of experience in recreation for the ill and handicapped. Interested persons may write for further information to the Consulting Service on Recreation for the Ill and Handicapped, National Recreation Association, 8 West Eighth Street, New York 11. #



## RECREATION DIGEST

### LAND FOR ...

Robert Moses, Chairman, New York State Council of Parks

## State And Municipal Parks

*In the words of this well-known and experienced park man,  
"There is no time left for debate."*

ON behalf of the state park commissions, the city of New York, and the numerous municipal agencies with which we cooperate, I welcome the opportunity to emphasize the critical needs of the state and metropolitan park systems for immediate acquisition of fast-disappearing open lands.

We do plan ahead in these agencies. By inclination, by long, and, I may claim, productive experience, we have acted to establish a recreation system second to none, but still inadequate. We must now proceed pragmatically, first things first, with a limited, specific, and understandable program, to meet the challenge of the rapid disappearance of natural areas and minute subdivision by real-estate developers and pro-

moters. It is obvious and needs no more prolonged abstruse statistical research to prove what is plain to every intelligent citizen; namely, *that land, particularly open land near urban centers suitable for future park use, must be acquired right now without delay or fatal postponement* (all italics ours).

There is no cheap easy solution. No one is going to stop the continuing concentration of urban and suburban population. There can be better control and regulation, but *there is no substitute for public ownership of strategic and basic recreational lands*. While artistic renderings of academically planned cities, complete with circumferential belts of green, come off the presses in steady succession without follow-up or realization, the developers of subdivisions and

shopping centers are cutting up and loading the last available acres of open land with costly improvements.

Time has run out on academic planning of this sort. When all the land remaining for recreation is gone, formulas based on people per acre will be futile. Precise mathematical classification of land for best use and hair-splitting niceties to govern selections are folly at this stage. There is no time left for debate.

We need not, however, abandon intelligent forethought and common sense. It is not necessary to ignore standards, rush frantically into the market to buy scattered wedges or slivers of land or spread our energy and funds on parcels too small, poor, or remote for practical recreational use. A few hard realities must be faced. Donations, transfers,

and dedications of land can help, *but most of the needed land must be obtained by purchase or condemnation.* There must be realization of the fact that costs will be high in some cases. The open land most urgently needed and most rapidly disappearing is in and near cities and inevitably subject to booms and urban values.

The required speed and cost are such that ordinary annual appropriations cannot possibly do the job at any level of government, state or local. Furthermore, *we must recognize that the cost of*

*needed land in municipalities is beyond their capacity without substantial assistance from the state.*

Legislation recommended . . . to meet these realities . . . defines *where the state alone shall act and where the state shall aid municipalities, and . . . provides high standards and proper channels of approval to insure control.*

We cannot stress too heavily the fact that this . . . is a recommendation for land acquisition only . . . development . . . can be left to the state and municipalities as funds become available. Speed is required to obtain land.

The problem of outlying urban and suburban land has been worrisome for

years. It is now critical. Acquisition of other important conservation areas somewhat more distant from the cities is also provided by this proposition.

This entire program represents highly intelligent, progressive government thinking. New York is taking the lead and other states will follow. We are also furnishing the finest possible aid to the Outdoor Recreation Resources Review Commission, which is preparing a continental program. #

*From Now or Never, A Proposal for a Bold New Program for Outdoor Recreation, published by the State of New York Conservation Department, February 1960.*

## How to Attend a Meeting

Gordon L. Lippitt

### Useful do's and don'ts for Congress delegates . . .

**P**ERSONS will bring away from a meeting different reactions and learnings, depending on how effectively they prepared for it, became involved in it, and related it to their back-home job. Attitudes make a difference.

People react to meetings in various ways. Some people attending can be compared to tourists. They regard the experience as a wonderful trip. They journey to a new place and meet new people, but go back to their jobs saying, "Now I am back on the mainland; that 'Meeting Island' was unreal and unrelated to my own job."

Other participants have what might be described as the expatriate response. They become so enthusiastic they feel that the meeting is the *real* place to enjoy life, and that work back home is mere drudgery and unreality.

It is to be hoped that most of us will respond like the "situation-centered tourist," who has discovered real compatibilities between the land he visits and his own country, and also some incompatibilities and some areas that need further exploration.

When he goes to a meeting, such a person does not plan to swallow it whole. He knows that the best way to get a fair estimate of the meeting's value to him is to ask himself meaningful

questions after he is back on the job one, three, or even six months later.

If a participant keeps the following things in mind, he can profit greatly.

#### Preparing for the Meeting

Do . . .

Analyze the reasons why you want to go to the meeting and try to appraise honestly your ability to benefit from it in your job.

Read as much as you can about the location in which your meeting will be held.

Don't . . .

Go without adequate preparation.

Put off until the last minute any special assignments requested of you by the program committee.

Forget to make your room and round-trip travel reservations and to obtain confirmation of them.

#### Arriving at the Meeting

Do . . .

Register and make any necessary reservations for dinner or other social functions.

Become familiar with the physical arrangements and review details of the program.

Don't . . .

Eat or tour alone if you can use these opportunities to become acquainted with persons from other parts of the country.

#### Being a Good Meeting Member Do . . .

Attend all the big general sessions and the smaller sessions to which you are assigned.

Keep a written and readily available schedule of your own special assignments and appointments.

Don't . . .

Be a floater and drift unproductively from one session to another.

Regard any special assignment as trivial.

Consider that social functions are unimportant; they are a valuable part of the experience.

#### After the Meeting

Do . . .

Hold a postmeeting huddle with fellow participants to discuss broad, general accomplishments.

Analyze the strengths and weaknesses of the affair and of your own participation.

Make your report as soon as you feel you have perspective.

Don't . . .

See the meeting as an end but as a continuation of your own growth and development. #

*Condensed, with permission, from NEA Journal, May 1960.*



# A DAY WITH califone

MONDAY A.M.: A Califone PROMENADE (Model 42V) spins a record of essential rhythm. It's Mrs. Stanley's dance class. Over the music her voice comes in sharp and clear, "1-2-3 turn. 1-2-3 turn!"

MONDAY, still A.M.: Same Califone PROMENADE, but now Mr. Evans uses it as a P.A. system instructing his tennis star on the backhand swing. She has a good chance of winning the district championship.

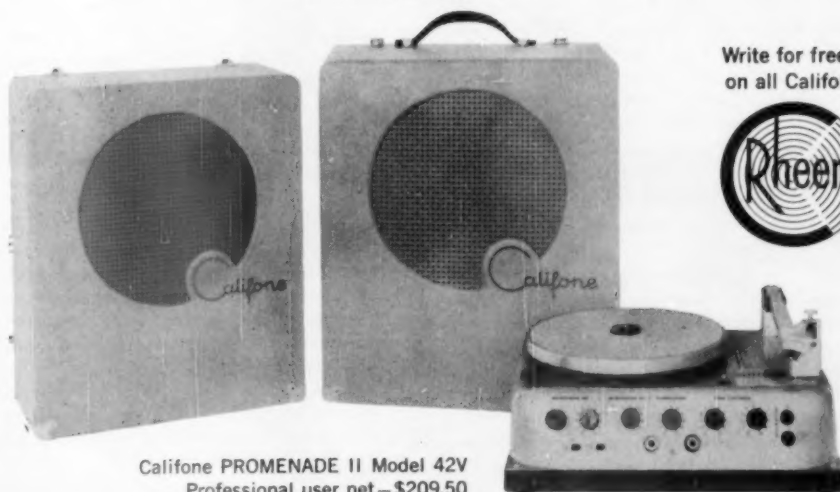
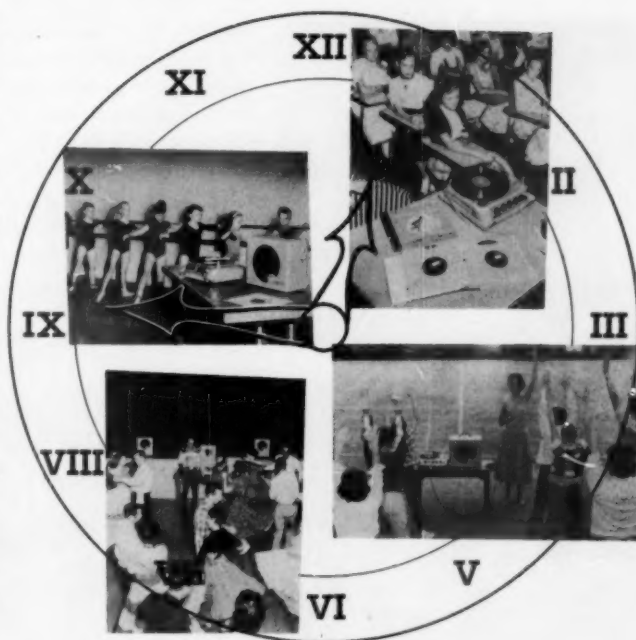
MONDAY P.M.: Mrs. Ellis calls out the cadence for calisthenics. It's a large and widespread group. Again, loud and clear. No strain on her voice.

MONDAY, still P.M.: Assembly—popular music helps soothe excitable youngsters pouring into the auditorium. Announcements; neophyte entertainers; Mr. Stanley, the principal, gives a speech.

MONDAY NIGHT: Same Califone, now playing music and "calling" to an adult square dance group.

TUESDAY A.M.: (In a note from the Principal to the Board of Education) Please make provision in our budget for an additional Califone PROMENADE as well as a Califone COMMANDER (62V). We have immediate need for these.

The COMMANDER will be particularly useful for announcing games to forthcoming basketball audiences.



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# A REPORTER'S NOTEBOOK

## The 1960 White House Conference on Children and Youth



*President Eisenhower opens the conference in which more than seven thousand Americans, among them fourteen hundred young people, and five hundred foreign guests took part. On the right is Mrs. Rollin Brown, chairman of the conference and a National Recreation Association Board member, who will address the 42nd National Recreation Congress. Recommendations were formulated by 210 workgroups (see conference report, "These Are Our Children," RECREATION, June).*



*Recreation delegates to the conference from many parts of the country attend a party given by Milo Christiansen, superintendent of recreation in Washington, D.C. Seated center, left to right: Huldah Lineberry, North Carolina; Linda Ver Lee, California; Dorothea Lensch, Oregon; Dorothy Taaffe, District of Columbia. Seated, far left: Bill Frederickson, California; Theresa Brungardt, Vermont; Pauline Des Granges, California. Standing, left to right: Ted Bank, Illinois; Jesse Reynolds, Virginia; Foster Blaisdell, Kansas; Howard Jeffrey, District of Columbia; Franklin Hill, South Carolina; George Hjelte, California; Joseph Prendergast, New York; Mr. Christiansen; and Robert Crawford, Pennsylvania.*

## Recreation—1985

A small group of recreation executives attended a "Crystal Ball" session in White Plains, New York, on April 21, at the invitation of White Plains recreation commissioner Joe Curtis. The National Recreation Association was represented by assistant executive director Art Williams. The meeting's purpose was discussion of what recreation might be like in 1985; the method: brainstorming, the technique often used by advertising, business, and industrial firms to get fresh ideas. The following

are some ideas that rose to the top:

- We overemphasize program, underemphasize philosophy and long-range plans.
- We need equipment libraries—some place where every conceivable form of recreation equipment can be borrowed, as from a public library. This means boats, camping gear, sports equipment, and other items. The recreation department could well provide this service.
- The local recreation executive must raise his own status in the eyes of his local public, through stricter certifica-

tion and broadening the scope of instruction for recreation administrators. Included in this must be courses in training and communications.

- Atomic energy will provide low-cost night lighting, which may result in a revolution in night activities.

Participants were extremely enthusiastic about this session and suggested others periodically. They also recommend this form of discussion for other small groups of recreation executives. Mr. Curtis, who planned the session and presided over it, suggests that such a meeting is most effective when the number of topics on the agenda is limited.

## Convention New Orleans Style

From June 16 through 18, 735 delegates to the fourth annual convention of the Golden Age and Senior Citizens' Clubs of the United States gathered in New Orleans and formally became a national organization. They adopted a constitution, elected officers and district delegates appointed a slate of professional workers in the field of the aging to the advisory board.

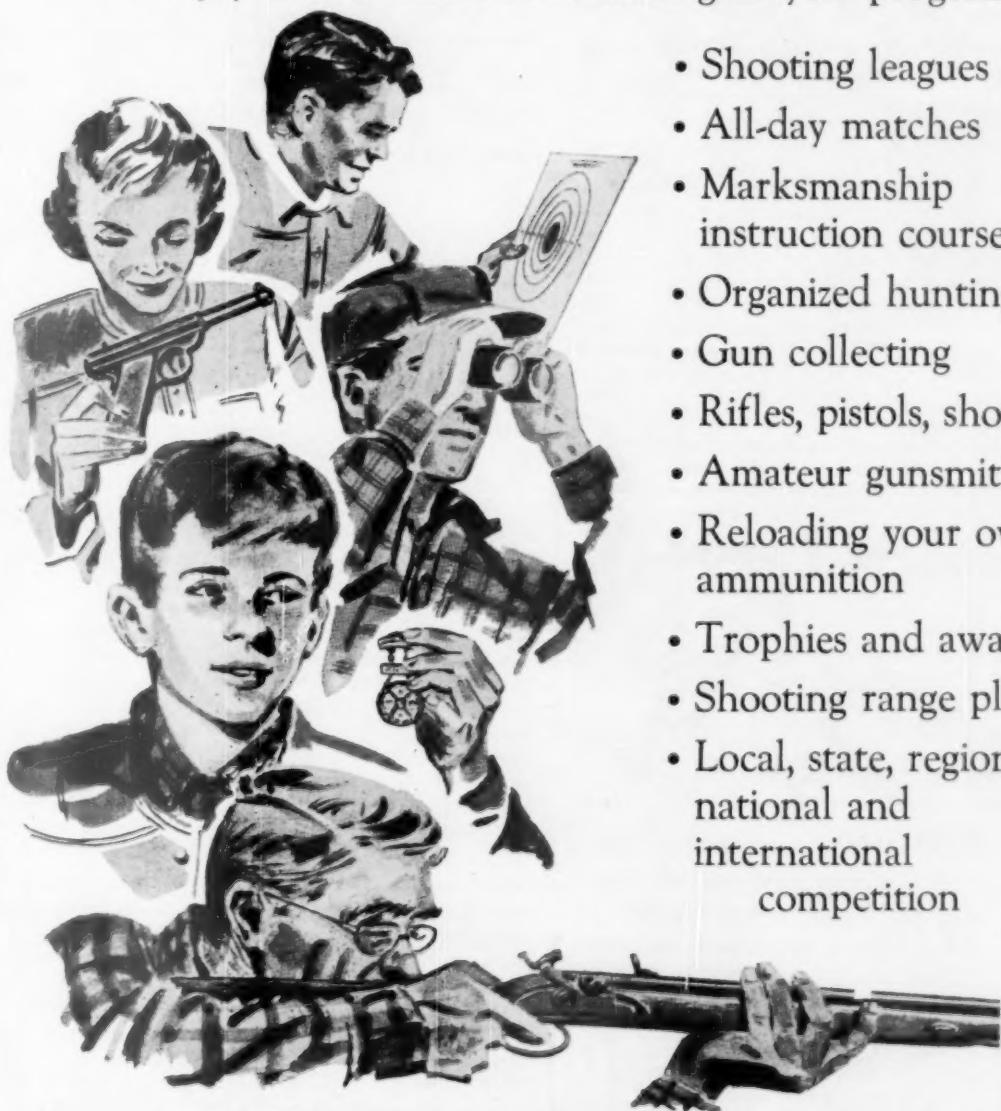
What made this convention different was the fact that it was cosponsored by the New Orleans Recreation Department and the American Women's Voluntary Services, with the cooperation of the Jewish Federation of New Orleans and Kingsley House. Every one of these organizations has a complete program of recreation activities for New Orleans' older people including many social-service projects.

The National Recreation Association's Southwest district representative, Bob Shipp, attended all the convention meetings and was one of the speakers on the subject "The Senior Citizen and Current Trends." His topic, naturally, was recreation. Bob's overall comment on the convention program is that it was a leisurely one, giving people time to enjoy themselves, as well as hear some good speakers. NORD sponsored the first of these conventions in 1957. The general chairman of this year's meeting was Mrs. Betty Graper, supervisor of the NORD Golden Age Club.

*Continued on Page 338*

Recreational shooting as conducted by  
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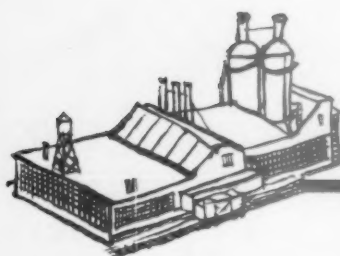


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## MARKET NEWS

For further information regarding any of the products discussed below, simply circle its corresponding key number on coupon on facing color page and mail to us.

- Get more mileage out of your gymnasium by dividing it into multiple practice courts when no game is in progress.



To help you transform your gym, the Berlin Chapman Company designs and manufactures a dividing curtain that can be operated manually or by motor controls, can be extended across the gym in one piece or from either side in halves. The divider is made of 12-ounce duck which extends 100 feet from the floor. A two-

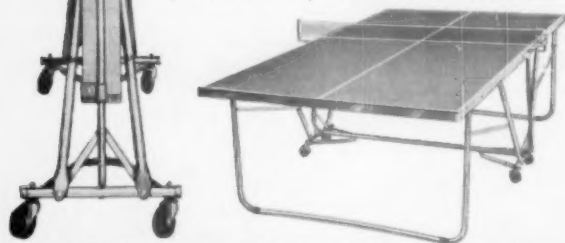
inch-square mesh, made of 48-twine cotton net and bound with  $\frac{3}{8}$ " manila rope, extends from the edge of the canvas to the ceiling track. The all-steel track has steel rollers, bronze pins, and aluminum hanger bars for light weight and quiet action. Pull-up curtains are also available. Circle 100.

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- Maintenance ease and good looks are important features of Saranspun drapery fabrics, manufactured by the National Plastic Products Company. Perfect for lounges, recreation and community centers, or offices, these fabrics gently diffuse harsh light over a large expanse of window, and retain their freshness through weather changes, humidity, and repeated flexing. They are fade resistant, mothproof, and resist mildew and stains. Also important where large numbers of people congregate, these fabrics are permanently flameproof and self-extinguishing, as well as nontoxic and allergy-free. Circle 102.

- All new for 1960 is the latest addition to MacGregor's E700 helmet series—the E710. Among its features are an exclusive geodetic crown suspension, padded with processed Absorblo and combined with a heavyweight nylon headband; sound-deadening materials in ears to reduce roar and echo; removable snap-in Absorblo cheek pads, and an adjustable snap-on, processed-web chin strap with padded chin cup. The special padding is also used at forehead and neck, extending up between suspension and helmet for greater protection to vital head areas. The entire helmet can be cleaned with soap and water, reducing costly reconditioning. Stocked in solid white, the helmet can be ordered in any other solid color at no extra charge. Circle 103.

- Refreshment areas in parks, community centers, and schools can take on a new look with vending equipment that is part of the decor. The Vendorlator Manufacturing Company has designed food and beverage distributing machines that are enclosed in a housing covered with textured vinyl so that only the faces of the machines show. These exposed portions come in such colors as beige, turquoise, and pumpkin. Murals repeating these colors accompany the units and are long enough to run the full length of a wall containing four or five machines. Circle 104.

- A child-size trampoline, proving very popular in recreation programs, is the newest model introduced by the American Trampoline Company, the F357N. Although designed for youngsters, adults can get limited use from it too, as the bed is of the same heavy nylon used on larger trampolines. The 9'-by-5' frame telescopes together, and can be taken apart in just a few minutes for easy storage. Circle 105.



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# TRADE MART



## FREE AIDS

The following Free Aids briefly describe free materials—catalogs, brochures, films, booklets, services available, samples, and so on—that will help you in your recreation work. Circle on the coupon the key number corresponding to the same number above an ad or beneath any keyed item about which you'd like more information.

Fill in the coupon, cut out, insert in envelope, and mail to us. We'll take care of the rest. There is absolutely no obligation whatsoever to you.

### ARTS AND CRAFTS

**WATER-COLOR IDEAS** from the people who make them. Manufacturer of world-famous paints offers free brochure. #108.

**WHERE TO GET WHAT** in arts and crafts supplies. Free copy of the new *Arts and Crafts Encyclopedia* of creative art materials. One hundred and sixty pages of sources available. #109.

**FREE SWATCH BOOK**, project sheet, and catalog of exciting new craft material, Linmaster. Textured, durable material with its variety of colors and finishes, gives unlimited scope for creativity. #110.

**FREE BROCHURE** describes sources of crepe-paper craft instruction booklets so you can plan ahead for Halloween, Thanksgiving, and Christmas craft and decoration projects. #111.

**HOW TO ENAMEL ON COPPER**. Illustrated instruction and idea catalog, the *Enamel-on-Copper Idea Book*. #112.

**NOTHING SPILLS, nothing smears** in a dry-brush method whose use is limited only by youngsters' creative fancies. Read all about this easy-to-use-as-a-pencil method in the pamphlet *Creative Arts for Children*. #113.

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### EQUIPMENT AND MAINTENANCE

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R-7

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## KNOW and USE

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#### National Recreation Association services

RECREATION Magazine is only one of many services the National Recreation Association offers its service affiliates and associates. For more than fifty years, professional specialists on the NRA staff have served the recreation field through the Association's many departments, with on-the-spot advice, through correspondence and consultation, with program information, at annual district conferences, and at National Recreation Congresses.

The NRA is your service agency. Know it and use it. For complete information, write Executive Director, National Recreation Association, 8 West Eighth Street, New York 11.

## National Cultural Center

Continued from Page 307

ton for special performances and the hall will have recording and broadcasting facilities.

The playhouse, or theater, situated to the right of the opera house, will be entered from a wide circular staircase rising gracefully from the Grand Salon. Entrances will also be provided from the diagonal passageway that faces the plaza to the southeast of the Center.

The playhouse will have a flexible seating arrangement, with capacities ranging from one thousand to eighteen hundred seats, and will have recording and broadcasting facilities equal to those of the opera house and concert hall. It will present to America, and to the world, great classical and modern dramas, musical comedies, operettas, and a wide variety of other productions reflecting the richness and scope of the performing arts in America. The presentations will include special productions by casts from the thousands of community and summer theaters of America.

Included in the plans are two auditoriums, to be located on either side of the opera house, and they will have recording and broadcasting facilities equal to those of the opera house. These two auditoriums, one seating four hundred to five hundred, the other seating eight hundred to one thousand, will be used primarily for dance and poetry recitals and lectures. They will also provide suitable meeting places for the many nonprofit associations and organizations active in the performing arts and in the education, recreation, social, and literary fields.

Located between the roof and the seventy-five-foot ceiling of the Center will be a number of offices for administration and various cultural organizations. Underneath the Center will be parking space for some two thousand cars.

**T**HE NATIONAL Cultural Center is directed by a board of trustees made up of three United States Senators, three members of the House of Representatives, nine federal and District of Columbia officials named in the act, and fifteen general trustees appointed by the

President for staggered ten-year terms.

The act also provides for an Advisory Committee on the Arts, to be composed of such members as the President may designate, to serve at the pleasure of the President. Persons appointed to the advisory committee must be persons recognized for their knowledge of or experience or interest in one or more of the performing arts named in the act. In making such appointments, the President will consider recommendations submitted by leading national organizations in the performing art fields. The Advisory Committee will make recommendations to the board of trustees regarding cultural activities to be carried on in the Center.

*Translating material gains into cultural and spiritual gains is important in the life of the individual or the community. The process is not necessarily one of acquiring new ideas and ways of doing. It is one of integrating past and present, of using both as a basis on which to build the finest possible present and future.*—JEAN and JESSE OGDEN in *Small Communities in Action*.

This symbolic and functional institution for the advancement of the performing arts will be financed by the gifts of citizens, foundations, corporations, and societies. Once constructed, the National Cultural Center will belong to the people—to all future generations of Americans. And we, in the recreation field, hope it will present them with opportunities for active, as well as passive, participation in the performing arts and the growth of the cultural traditions of our great democracy.

\* \* \* \*

(In Part II, to appear in the October issue of *RECREATION*, Mr. Prendergast will discuss the recreation aspects of the National Cultural Center and what it will mean to public and nonprofit organizations in the recreation field at the national, state, and local levels, active in the performing arts—music, drama, dance, poetry, and opera. See also Page 304 this issue for further information regarding the cultural arts in our nation's capital—Ed.)

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## Maintenance

*Continued from Page 320*

lated buildings, infrequently used, are particularly vulnerable to vandalism. For this reason, every effort should be made to keep these buildings and the areas around them in first-class condition.

Restrooms present a particular problem and should be inspected frequently; cleanliness and sanitation are imperative. In this connection, design is most important, and deserves a great deal of thought. Light, air, and ventilation are most important. Walls should be of a hard-surfaced, durable material, such as glazed ceramic tile, probably the best possible material. While quite expensive, its use proves economical in the long run.

Design faults are more likely to be found in buildings than in any other facility. These faults stem from three principal sources:

- The building was erected for some other purpose and later converted to recreation use. This may make it difficult to use and maintain.
- The architect may not be familiar with all the programs for which the building is intended and thus may not be aware of many abuses common to public recreation buildings.
- The administrator or program director may not know enough about architecture to give much assistance to the architect. The maintenance supervisor should, by all means, be present at all conferences concerned with building and design.

Quite often a stipulated amount is appropriated or designated by the fiscal authorities before an architect has been consulted. Plans must then conform to the available funds, and this often results in many design compromises. It is much better to have a clear idea, from the outset, for what programs the building is intended. This concept should result from extensive study made jointly by the policy-making authority and by those responsible for planning, programs, and maintenance. The architect can then make appropriate preliminary plans and estimates. These provide the fiscal authority with something definite upon which to base its appropriation. If, at this point, the cost

is greater than the amount available, the planning committee and the architect have a chance to revise their plans.

In the revised planning it may be necessary to eliminate certain programs altogether, thus reducing the buildings' size. Maybe less expensive materials can be substituted for those specified and certain details omitted. If the original planning committee did a good job, the architect can adjust his design so future additions can be made to the building, to provide facilities not possible under the current appropriation. Such a compromise should not affect the efficiency of the building or of the programs conducted in it.

Copper downspouts, exposed valves, thermostats, and electrical switches are all very expensive items to maintain and should be eliminated or located in places inaccessible to the public. It is not advisable to use vitreous china drinking fountains. In addition to replacement cost, the damage done to the building by failure of any of the above fixtures or controls may be very extensive.

**"It should be emphasized that planning is a continuous process. No community is going to be well planned if it concerns itself only with the hiring of a planning expert or two to draw up a comprehensive plan to guide the city council in future action, and expect this plan to serve the planning needs of the community henceforth. Just as community living today does not fit the plans of a hundred years ago, so will the plans of today gradually become outdated as community living changes in the future. Planning, then, is a required continuing process of municipal government which is in the process of evolution and development."**—CLAUDE J. DAVIS, Municipal Planning in West Virginia.

**T**HE PRIME PURPOSES of recreation are very much the same for all communities, regardless of size. The programs and facilities to be found in each community, however, are infinitely varied. There is no yardstick by which we can measure a community, and, from this measurement, determine the type and extent of a recreation program to suit its needs. Pressure groups often

point out that another community of the same size has certain programs or facilities, and take the position that their own community should do the same. The success of such pressure groups is evident throughout the country; few cities are without "white elephants."

Most recreation departments are organized as follows: fiscal authority, policy-making authority, administrative authority, planning director, program director, and maintenance director. No matter what the size of the community, the foregoing elements are required. Different titles may be used to designate various operations, but no matter what the title, the jobs are the same, even when one person is responsible for all six.

No program can be entirely successful unless there is complete coordination of all its elements. Also, no program is without its limitations; it is essential that these be determined and always kept in mind. If this coordination is present, maintenance need not be the bugbear of administrators of recreation programs and facilities.

**I**F THE SAME CARE is exercised in examining the qualifications of the maintenance supervisor as in selection of the program supervisor, there is no reason why a capable person cannot be found. Such a person should know most of the answers and should know where to find answers he doesn't know. Such a person will know how to estimate needs, how to prepare budgets, how to plan his work, and how to direct the work of others. If, in addition, he can get along with the public and other supervisors in the same program, he will, indeed, be a jewel. At any rate, a proper examination of credentials will provide a maintenance director of a higher order than the so-called handyman called in from time to time to cope with some particular problem, while most routine maintenance is left to unsupervised common laborers.

In conclusion, we must consider maintenance, upkeep, and repair as integral parts of any recreation program. If all components of such a program are properly balanced, maintenance problems should not be any different from any others affecting the total recreation program. #



# R FOR THE ILL AND HANDICAPPED

Beatrice H. Hill

✦ Four new staff members of the National Recreation Association's Consulting Service on Recreation for the Ill and Handicapped will assist Dr. Morton Thompson with a new project on recreation for the homebound. They are: Virginia Cassel, Sheldon Reid, Dorothy De Lisser, and Mary McRostie.

Miss Cassel has a master's degree in sociology and has had ten years recreation experience including two years with the homebound. Mr. Reid is completing work on his master's degree in recreation in rehabilitation; his past experience includes recreation leadership with geriatric patients in a long-term hospital.

Mrs. McRostie was associate editor of *RN*, a professional nursing journal, and has been responsible for a number of articles on recreation this past year. Mrs. De Lisser has had a great deal of experience in public relations and fund raising. Her most recent position was that of special assistant to the executive director of the National Association for the Advancement of Colored People.

✦ This summer the Consulting Service started its second year on the sheltered workshop project. At this writing, it is planned that Doris Berryman will visit sheltered workshops in Los Angeles; Dallas; Indianapolis; Tacoma, Washington; Birmingham, Alabama; and Wilmington, Delaware. The first year, the project collected considerable information on recreation needs and wishes of handicapped adults living in the six communities already studied. This second year, it hopes to develop some specific plans that can be used by any sheltered workshop wishing to provide service to these people. Thus far, it appears that these handicapped adults are deprived of many recreation opportunities most of us take for granted.

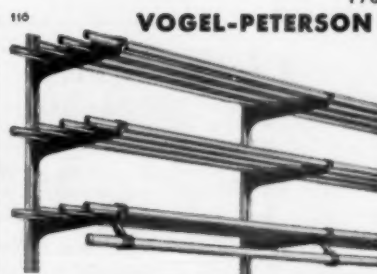
MRS. HILL is director, National Recreation Association Consulting Service on Recreation for the Ill and Handicapped.

✦ FLASH: Representative Carl Elliott of Alabama, chairman of the Congressional Subcommittee on Special Education, Committee on Education and Labor, will speak at the 1960 National Recreation Congress in Washington; his topic, "The Role of Recreation in Rehabilitation." Representative Elliott is deeply interested in the entire rehabilitation movement and has paid considerable attention to recreation.

✦ A special workshop at the 42nd National Recreation Congress on September 28 will deal with "Leisure—An Asset or Liability for the Ill and Handicapped Aged?" Following the presentation by Dr. Claire Ryder, chief, chronic disease programs, United States Department of Health, Education, and Welfare, participants will divide into groups covering nursing homes, homes for the aged, mental hospitals, chronic disease hospitals, and the homebound—and apply Dr. Ryder's material to the group's specific problem.

✦ Starting with the June issue of *Professional Nursing Home*, the Consulting Service has been submitting a monthly recreation program article. These articles are geared for nonrecreation-oriented persons from other professions who are responsible for leading recreation activities with geriatric patients in nursing homes.

✦ Remember to drop by the Consulting Service's booth at the Congress. It will be in Foyer A, outside of the West Ballroom in the Hotel Shoreham. Various pieces of equipment the Service has found useful in working with the ill and handicapped and selected literature will be displayed. Also be sure to obtain your copy of the Service's quarterly newsletter, which includes special information for persons concerned with recreation for the ill and handicapped. #



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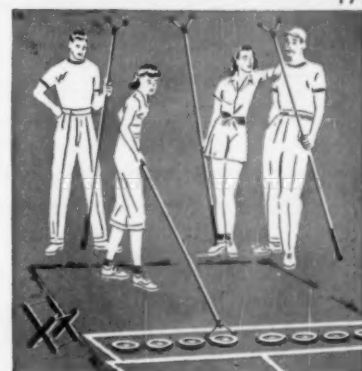
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## GOING UP!

In September, RECREATION Magazine prices go up on all domestic and foreign subscriptions. (National Recreation Association members will, of course, continue to receive the magazine as one of their membership benefits. There will be no increase in membership fee.)

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One year: \$5.00; two years: \$8.75.  
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## Reporter's Notebook

Continued from Page 330

### Bill Stone Retiring



Congress delegates and participants at the 42nd National Recreation Congress will be saying good-bye to Willard B. Stone, familiar figure at our national meetings, and

secretary for Congresses since Spring 1957. He is retiring as of January 1, 1961. A vigorous recreation worker and supporter for many years, formerly recreation director for the New York State Youth Commission, and at present a valuable staff member of the National Recreation Association, Bill is now looking forward to taking time off. He and his attractive wife, Edna, are planning to enjoy some of the leisurely vagabond traveling about which they have dreamed during the pressures of busy Congress seasons.

### New Appointment



Charles E. Hartsoe, former administrative analyst for the department of recreation in Philadelphia, came on the National Recreation Association staff August 15.

Serving as assistant to the secretary of the annual National Recreation Congress is his first assignment. Congress sponsors have approved his appointment as Congress secretary upon Bill Stone's retirement. He will follow Bill's pattern of working closely with cosponsoring and cooperating agencies in planning and managing Congresses. Look him up at the Congress in Washington this fall and get to know him.

In 1956, he received the first National Recreation Association administrative internship, has worked with the Philadelphia department since that time, thus is well qualified for his new position. Before that he was in park and Young Men's Christian Association work. He has his MS in recreation from the University of Illinois—with emphasis on city planning, political science, and health education—and a BS in recreation from Springfield College, Massachusetts.

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## Obituaries

• Tony Myers, director of athletics for the Tyler, Texas, Parks and Recreation Department, died in May of lung cancer. In its tribute to Tony, the Tyler *Courier-Times*, in essence, paid honor to dedicated recreation workers everywhere: "Because he worked, willingly and energetically, that others might play, the city of Tyler paid him a salary. But, because he put into his work the things he did . . . a debt has accrued that will probably never be paid. . . . Tony was one of those good things that all of us take, too easily, for granted. He absorbed a lot of work, shared some of the blame for everybody's errors and shortcomings and could always be counted on to 'take it over' when the road became rough."

• James W. Geater, director of training and special services for the Washington, D. C. Recreation Department, died in March of cancer at the age of sixty-one. He had helped found the department's "roving leader" program (RECREATION, April 1960). Mr. Geater came to Washington from Anderson, Indiana, in 1941 as a recreation specialist for the Federal Security Agency, setting up recreation programs near army camps.

• Joshua Ringle, former director of parks for Jersey City, New Jersey, died in June after a long illness. He was sixty-nine.

• Mrs. Daphne Crane Mason, former president of the Child Study Association of America, died in Claremont, California, in June, after a long illness.

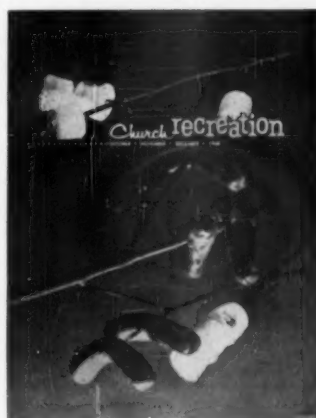
• John Kelly, Sr., died in Philadelphia in June at the age of seventy. As vice-president of the Fairmount Park Commission, he had sponsored the city's municipally operated playhouse. He had also long been a benefactor of the city's Sports-for-Youth program. He was Federal Director of Physical Fitness under President Franklin D. Roosevelt.

• George A. Bellamy, a social worker who founded the Hiram House social settlement in Cleveland, died in July of a heart attack at the age of eighty-seven. During World War I, as chairman of the War Department's Committee on Training Camp Activities, he supervised the establishment of recreation facilities for soldiers.

• Col. E. A. Deeds, retired board chairman of the National Cash Register Company, industrialist, inventor, and financier, died in Dayton, Ohio, in July, at the age of eighty-six. He had been a supporter of and a contributor to the National Recreation Association for many years. #

SEPTEMBER 1960

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## Mobile Units

*Continued from Page 318*

The recreation department of Danville, Virginia, also gets multiple use from its show wagon. It was fashioned from a discarded truck trailer, brightened with paint, and tours each of the playgrounds for auditions, rehearsal, and performance of variety acts of all kinds. It is also used as a reviewing stand and as a portable stage for playground closing events, athletic openings, and other community affairs.

The park and recreation commission of Omaha, Nebraska, operates a mobile stage unit called The Show Wagon. It originally cost over four thousand dollars and is complete in every detail, even to its own sound system, piano, and a 5,000-watt generator for use where regular power is not available. The wagon is mounted on a four-wheel trailer unit which can be fastened to the back of an ordinary truck and moved from place to place.

It is used primarily for talent shows, which are auditioned in advance. In 1959 it presented thirty-two of these shows, which included district contests and finals. More than 427 acts, involving 806 performers, made up the shows, and total attendance was almost 22,000.

Omaha also uses three playmobiles, complete with play equipment and facilities, for a regular activity program of crafts, games, and auditions for the show wagon. These playmobiles visited twenty-three locations in 1959, spending half a day in each. Each carried a crew of four, and registered over four thousand youngsters. Total attendance at the playmobile locations was over twenty-eight thousand.

The division of recreation in Cleveland, Ohio, operates a show wagon and a traveling zoo. These units cover the playground and park circuit during the summer months.

The Westchester County Recreation Commission in New York has bought a ten-thousand-dollar bandwagon to send to all parts of its 448-square-mile territory as a weather-protected, illuminated stage and shell for outdoor concerts and plays. It resembles a large house trailer when towed by car or truck. When parked, one side opens to convert the vehicle into a bandshell. The floor can

be made flat for plays, or arranged in steps for concert use. Overhead fluorescent lights can be powered by the vehicle or attached to park power lines.

Since no park in the county has a bandshell, and if constructed, each would cost at least sixty thousand dollars, this new unit is an economical as well as an efficient way to provide music and drama to the whole county.

### Other Types of Mobile Units

Mobile units are by no means limited to playmobiles, show wagons, and bandshells. For example, the Los Angeles Department of Parks and Recreation has a number of unusual mobile services: a traveling playground circus, a traveling telescope, traveling roller rinks, and traveling "Parky," the Kangaroo Program, used in a constant anti-litter drive and education program.

In Palo Alto, California, the recreation department has a sciencemobile that extends the services of its junior museum. It has glass-front cabinets on one side for exhibits, and wire-front cages on the other side for small animals.

The recreation commission of Topeka, Kansas, not only operates a marionette show wagon (*see references*) and a portable bandstand, it also has a concession wagon. The recreation department of St. Cloud, Minnesota, operates a craftmobile (*see references*) as do the parks and recreation department of Lubbock, Texas, and the recreation division of the Oceanside, New York, school district. Oceanside also uses its playmobile for shut-in and library services.

The department of parks and recreation of Schenectady, New York, reports a bookmobile supplied by the county public library. It visits various playgrounds during the summer, and carries trained personnel for storytelling.

The recreation commission of Long Beach, California, for a time, operated a hobbymobile, really a traveling photographic darkroom. It was mounted on the wrong type of chassis, however, making it impractical, so that it is no longer used. The idea, however, is still good (*see references*).

The playground and recreation commission of Cedar Rapids, Iowa, is very mobile-minded. In addition to its trav-

eling bandstand and its playmobile, it plans to replenish the game and craft supplies on each playground each week by means of a supply wagon. This new unit will be made from one of the department's trucks, then fitted with bins and cabinets. Its maintenance divi-

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*We can use the machine to augment the dignity of human existence.—*

DAVID E. LILIENTHAL.

---

sion has also designed and constructed a baseball-diamond marking cart to carry bases and marking equipment from diamond to diamond of a multiple diamond layout.

### In Conclusion

A good park maintenance program makes full use of new ideas in mobile equipment. Recreation departments can profit by their example. Need such units be limited to the types mentioned here? Are there other areas in program that could be made flexible and distributed more widely—areas in art, perhaps, or in dance instruction; in day camping; in sports clinics; in social games like chess, or bridge; in art exhibits; movies; nature; science; parties?

Are there unserved groups that might be served through such units—the shut-ins, the older adults, preschoolers, the handicapped, industry, church, housing units, new subdivisions? Give it your considered thought. Can you put part of your recreation program on wheels, with proper emphasis on quality and leadership?

### REFERENCES

- RECREATION MAGAZINE  
Travels of a Show Wagon (Denver, Colo.), November 1949  
Hobbymobile (Long Beach, Calif.). This unit is no longer in use. April 1951  
Recreation on Wheels (Concord, N. C.), March 1953  
Other Community Show Wagons, March 1953  
Crafts on Wheels (St. Cloud, Minn.), May 1954  
The Traveling Trading Post (York, Pa.), June 1954  
Planning a Show Wagon for a Threefold Purpose (Evansville, Ind.), January 1955  
Marionette Show Wagon (Topeka, Kan.), April 1956  
Traveling Playlots (Hamilton, Ontario, Canada), April 1958  
JOURNAL OF HEALTH, PHYSICAL EDUCATION AND RECREATION  
Playground on Wheels (Cedar Rapids, Iowa), April 1955



## Recreation Counseling

Continued from Page 310

brings to the hospital individuals and groups from the community to convince patients that it is interested in their rehabilitation and return to society. At the time of discharge, he refers the individual to such groups, providing them with information about the patient.

Information should also be provided to the patient, regarding individuals and agencies that are ready to accept him back in his own community. This, as far as I can observe, is one of the areas where we must pioneer.

The competent recreation leader believes that having the patients assist as volunteers, in administering their own programs, has the same potential for a sense of achievement and recognition as for those actually participating in an activity. Using volunteers is justified for what it does for them as well as for the services they may give. Involvement of patients in creating and managing programs brings rich rewards. The use of ward councils, as a means of expressing patient interest in new areas, of modifying programs, of evaluating results—all serve as effective motivators and provide a kind of recreation counseling.

The restoration of rational inhibitions and purposeful sacrifices is now one of the conditions for human survival.—LEWIS MUMFORD, *author, civic planner, and critic.*

It is often said that "having fun" is an objective of recreation. This should be the participant's experience, not the objective of the professional, since "fun" is an outgrowth of experience, like happiness. If the participant, through experience, develops a sense of achievement, receives recognition, develops a sense of worth, forms new friendships, and has a sense of belonging through the experience, then he is likely to say, "This is fun." Good recreation counseling will be realized only to the extent that professional recreation workers believe that recreation activities are a real rehabilitation tool, and are necessary to the good life, both in the hospital and upon the patient's return to his community.

During World War II, a group of Navy chaplains was visiting a hospital to view an operation. They were all seated in the amphitheater. As the doctor entered, an officer asked the doctor if he would say a few words. The doctor, with the patient on the table before him, looked at the crowd and around the room, and said, "This is my cathedral." Our gymnasium, craft room, music rooms, assembly halls, play field, and the general hospital setting can be our "cathedral." #

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1. Rogers, Carl R., *Counseling and Psychotherapy* (Boston: Houghton Mifflin, 1942) p. 18.
2. Hamilton, Kenneth W., *Counseling the Handicapped in the Rehabilitation Process* (New York: Ronald Press, 1950) pp. 106-108.

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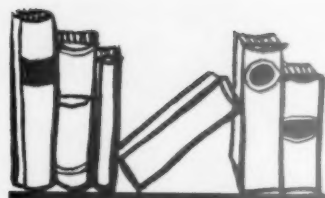
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## NEW PUBLICATIONS

**Graphic Design—A Creative Approach**, Matthew Baranski, Ed.D. International Textbook Company, Scranton 15, Pennsylvania. Pp. 208, illustrated. \$9.00.

This publishing house must be congratulated for its books on creativity in children, for new books like this one, and for *Adventures with Scissors and Paper* (\$6.50) reviewed previously (April). Many books of this sort are full of fine projects developed by adults. These books are filled with illustrations of what children, themselves, have done with basic materials, enthusiasm, and imagination. Not only do the authors of both books talk about creativity, they show what children have done, and how, and why.

The use of string, ink erasers, leaves, potatoes, and other simple things to print designs is not new. The process of using everyday objects to release creativity in the child, rather than in the art medium or in the finished product, is a new concept, however. The teaching process involves more than "exposing" the child to an assortment of odds and ends. This experimentation helps him to develop his powers of observation and imagination. With it must go ability to manipulate the material and tools. Selection and evaluation of the materials develop critical judgment.

Dr. Baranski and his editor, Italo L. de Francesco, have produced a beautiful book for teachers and leaders in schools and recreation programs. The paper is fine, the type interesting, and many of the two hundred and fifty illustrations are in full color. Expensive? Not in terms of value—V.M.

**Recreation Program Activities in California**. State Printing Office, North Seventh Street and Richards Boulevard, Sacramento 14. Pp. 96, illustrated. Paper, \$2.50.

This report, prepared by Dr. Serena E. Arnold, chairman of the recreation education unit of the University of California, is based on her firsthand observations of a wide variety of activities conducted by various departments throughout California. For its useful and stimulating ideas, factual details of organization, leadership and costs, how

various projects get started, the theory behind them, this booklet is worth its weight in gold.

It is the most exciting inventory of a wide range of program activities all too often omitted or neglected in many communities. These are not fly-by-night programs. There are forty-five programs, operated by twenty-seven different public recreation and park agencies; every program having been in successful operation for at least three years. They are programs for many age levels, in a variety of settings, and the activities are appropriate and adaptable to any community regardless of size.

**Aquatics Handbook**, M. Alexander Gabrielsen, Betty Spears, and B. W. Gabrielsen. Prentice-Hall, Englewood Cliffs, New Jersey. Pp. 202, illustrated. \$5.95.\*

The Gabrielsen brothers—Dr. M. Alexander, professor of education and coordinator of the professional recreation and camping curricula at New York University, and Dr. Bramwell W., professor of physical education and swimming coach at the University of Georgia—have joined with Betty Spears, associate professor of physical education at Wellesley, in bringing out a comprehensive book on aquatics. The only activity left out is power boating. Such subjects as the construction of marinas, operation of ocean beaches, teaching of swimming to the handicapped, and bait casting are among those not usually included in such a book. The publishers announce it as a "complete aquatics library in one volume." It is just that; and it is already overdue in a day when aquatics must include more than a learn-to-swim program.

The text starts with a discussion of aquatics in physical education, recreation and camp programs, and then goes immediately into the all-important topic of aquatic safety. Liberal use of photographs, sketches, and charts helps to make the explanation of techniques and performance more clear. Several recognized specialists have helped in the preparation of some chapters. This book should be valuable for old pros as well as for amateurs.

\*Available from National Recreation Association Recreation Book Center, 8 W. 8th Street, New York 11.

**Handbook for Recreation**. Government Printing Office, Washington 25, D. C. Pp. 168, illustrated. Paper \$ .75.

Missing for several years, this well-known and well-loved handbook, put out by the U. S. Children's Bureau, is available again in a revised, up-to-date edition. The price has jumped, but it is still the best buy for its contents that anyone can find.

A great number of games of all types are divided into specific classifications in the table of contents, and the index provides not only an alphabetical listing, but a listing by uses and by age-level as well. In addition, the book provides sections on leadership, and on other phases of the recreation program, such as informal drama activities, storytelling, music, dance mixers, and youth fitness.

**The Complete Book of 20th Century Music** (rev. ed.), David Ewen. Prentice-Hall, Englewood Cliffs, New Jersey. Pp. 527. \$7.50.

This is a revised edition of David Ewen's 1952 publication of the same title. The book includes more than one hundred composers who have produced music since January 1, 1900, with references and comments on more than one thousand musical compositions. It also contains explanations for the listener of leading techniques, trends, and movements of contemporary music. Not all contemporary music is considered modern, but all modern composers are regarded as contemporary. This is the work of an experienced and reliable author of books on several musical subjects. It is primarily useful as a program guide.

**Stampcraft**, Lore Collin. Charles E. Tuttle, Rutland, Vermont. Pp. 32, illustrated. Paper, \$1.00.

Making stamp pictures can be an interesting hobby for children, convalescent, and the aged, and *Stampcraft* is full of ideas for this simple pastime. Cancelled stamps are easy to collect, cost nothing, and yet provide an outlet for experiments in design, as well as simple decorations for greeting cards, boxes, trays and other small objects. The designs used for illustrations are original, clever, and pretty.

## DYNA-SOAR PROGRAMS

Any recreation director can tell you his duties are astronomical but today they also have to be astrophysical. If, as far as you're concerned, Thor is still a mythological giant, take a look at the program for the 42nd National Recreation Congress (see Page 303) and note the session on "Using Science Projects in the Recreation Program," on September 26th. This is being set up by Science Service, Inc., and will set you to sputniking and reviewing your program with a fissiparous eyes. There is no excuse for inertia—except as a law of matter.

Further evidence of the arrival of the nuclear age is reflected in the recent plethora of science books written for young people but containing many ideas for the recreation leader seeking program material. They also suggest an excellent way to promote Children's Book Week, November 13-19. An attractive exhibit of science books (or book jackets) in your local library, centers, or windows of cooperative Main Street merchants and banks could publicize your department with particular emphasis on your science clubs, nature activities, games and stunts based on fun with simple experiments, or other activities (if any). Further aids for Children's Book Week may be obtained from the Children's Book Council, 175 Fifth Avenue, New York 10 (ask for "Aids for Book Week 1960").

Among recent juvenile science books (on a variety of "ologies") of more than passing interest are:

### ROCKETS AND OUTER SPACE

**Rockets and Missiles** by Clayton Knight (New York: Wonder Books, pp. 47, \$.50). Simple and clear explanations for would-be interplanetary travelers. One of a series of how-and-why science books supervised by Dr. Paul E. Blackwood, specialist for elementary science, U.S. Department of Health, Education, and Welfare; texts and illustrations approved by Oakes A. White of the Brooklyn (New York) Children's Museum. Series includes *Dinosaurs*, *Electricity*, *Rocks and Minerals*, *Stars*, and *Weather* (\$.50 each).

**Rocket Manual for Amateurs** by Captain Bertrand R. Brinley (New York: Ballantine Books, pp. 382, paper, \$.75). Written by former First Army information expert who has had experience with amateur rocket groups. (He spoke at the 40th National Recreation Congress in Atlantic City.)

**The Sky Is Our Window** by Terry Maloney (New York: Sterling Publishing, pp. 128, \$3.95). For interested laymen (teenage and up), with or with-

out technical knowledge, this gives clear explanations of even the most involved concepts. The author-artist, one of England's foremost astronomers, also wrote *Other Worlds in Space*.

**The Story of Planets, Space and Stars** by Gaylord Johnson (Irvington-on-Hudson, N. Y.: Harvey House, pp. 153, \$2.95). The solar system from the birth of the planets to space travel. Includes list of planetariums and observatories in the U.S. and Canada, complete pronouncing index, and recommended reading list.

**Handbook for Observing the Satellites** by Neale E. Howard (pp. 136, \$3.50). How to set up moonwatch stations and photograph satellites.

**IGY: Year of Discovery** by Sydney Chapman (pp. 112, \$4.95). Popular account of the atmosphere, solid and liquid earth, ionosphere, cosmic rays, and nuclear radiation.

**First Book of Astronomy** by Vivian Grey (pp. 68, \$1.95). Introduction to the solar galaxy.

**A Beginner's Guide to the Skies** by R. Newton and Margaret W. Mayall (pp. 184, \$2.50). Sky-watching for the novice. Includes star maps and constellation diagrams.

**Guide to Outer Space** by Franklyn M. Branley, Ed.D. (New York: Home Library Press, pp. 32, \$.69). Introduction to the age of space travel.

**Space Monkey—The True Story of Miss Baker** by Olive Burt (New York: John Day, pp. 64, \$2.50). Life and times of the eleven-ounce monkey who made the epochal flight into space, May 28, 1959.

### SCIENCE EXPERIMENTS

**Science Experiments for Every Boy and Girl** by Louis W. Kleinman (New York: Hart Publishing, pp. 192, paper, \$1.00). Thoroughgoing collection of over a hundred science experiments for teenagers. The author is coordinator of the New York City High School of the Air and is known for his many TV science presentations.

**Fun with Scientific Experiments** by Mae and Ira Freeman (New York: Random House, pp. 59, \$1.50). Forty experiments, mostly with objects found in the average household, explain basic scientific principles including atomic energy. For ten-to-fourteen-year-olds.

\*Available from National Recreation Association Recreation Book Center, 8 West Eighth Street, New York 11.

Dr. Ira Freeman is professor of physics at Rutgers University.

**Water All Around** by Tillie S. Pine and Joseph Levine (New York: Whitteley House, pp. 48, \$2.50). Eye-opening experiments with ice cubes, oatmeal boxes, and other at-hand materials. Simple, clear text; bright, clear illustrations by Bernice Myers. The coauthors have also written *Air All Around*, *Sounds All Around*, and *Magnets and How to Use Them*.

**Modern Chemical Magic** by John D. Lippy, Jr. and Edward L. Palder (Harrisburg, Pa.: Stackpole Co., pp. 164, \$3.95). Over two hundred and fifty tricks, methods, and effects for amateur and professional magicians (teenage and up). The coauthors are chemists and magicians.

### NATURAL SCIENCE

**The Sea for Sam** (rev. ed.) by W. Maxwell Reed and Wilfred S. Bronson (New York: Harcourt, Brace, pp. 243, \$4.95). One of a series explaining the wonders of the physical world and universe to a "young nephew." The latest information in oceanography.

**Rocks and the World Around You** by Elizabeth Clemons (New York: Coward-McCann, pp. 109, \$3.50). Rock hunting—in the backyard or far afield—is a wonderful hobby. Valuable information and tests (hardness, luster, gravity). The author lives in Pebble Beach, California.

**Wonders at Your Feet** by Margaret Cosgrove (New York: Dodd, Mead, pp. 64, \$2.95). The earth is as "alive as a sleeping tiger" and every summer a grass jungle throbs with life. For young campers, hikers, and nature lovers.

—E.D.

For other science publications see listings under "Hobbies" and "Nature and Science" in *A Guide to Books on Recreation* (Part II of this issue).

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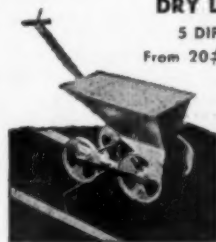
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## New Publications

*Continued from preceding page*

### Books & Pamphlets Received

#### Church Recreation and Program

- CHURCH CAMPING FOR JUNIOR HIGHS.** Westminster Press, Witherspoon Bldg., Philadelphia 7. Pp. 85. Paper, \$1.50.
- CHURCH PLANS FOR KINDERGARTEN CHILDREN.** The, Kathrene McLandress Tobey. Westminster Press, Witherspoon Bldg., Philadelphia 7. Pp. 192. \$2.75.
- CHURCH'S MINISTRY TO YOUTH IN TROUBLE.** The, David Schuller, Concordia Publishing, 3558 S. Jefferson Ave., St. Louis 18. Pp. 35. \$3.35.
- EVERYONE NEEDS A CHURCH** (rev. ed.), Lois Eddy McDonnell. Abingdon Press, 201 8th Ave. S., Nashville 2, Tenn. Pp. 128. Paper, \$1.00; pupil's book, \$.25; activity packet, \$.35.
- PASTOR AND COMMUNITY RESOURCES.** The, Charles F. Kemp, Ph.D. Bethany Press, Box 179, St. Louis 66. Pp. 96. Paper, \$1.50.
- PRACTICAL JUNIOR CHURCH PROGRAMS.** Bess A. Olson. Zondervan Publishing, 1415 Lake Dr. S.E., Grand Rapids 6, Mich. Pp. 79. Paper, \$1.00.

#### Dance, Drama, Music

- CHORAL SPEAKING ARRANGEMENTS FOR THE JUNIOR HIGH.** Louise Abney, pp. 182. \$1.75; **CHORAL SPEAKING ARRANGEMENTS FOR THE LOWER GRADES.** Louise Abney and Grace Rowe, pp. 106. \$1.50; **CHORAL SPEAKING ARRANGEMENTS FOR THE UPPER GRADES.** Louise Abney, pp. 127. \$1.50. Expression Company, Magnolia, Mass.
- CLOWN OUT WEST.** The, (3-act play for children), Conrad Seiler. Longmans, Green, 119 W. 40th St., New York 18. Pp. 82. Paper, \$1.50.
- COMPLETE GUIDE TO ORCHESTRAL MUSIC.** Robert Bagar and Louis Biancolli. Grossett & Dunlap, 1107 Broadway, New York 10. Pp. 868. \$4.95.
- DANCE HANDBOOK.** Margery J. Turner, Ed.D. Prentice-Hall, Englewood Cliffs, N.J. Pp. 136. Paper, \$2.95.
- ENGLISH FOLK SONGS.** The, R. Vaughn Williams and A. L. Lloyd. Penguin Books, 3300 Clipper Mill Rd., Baltimore 11, Md. Pp. 128. Paper, \$.95.
- FAMOUS AMERICAN PLAYS OF THE 1920's.** Kenneth Macgowan. Dell, 750 3rd Ave., New York 17. Pp. 511. Paper, \$.75.
- FOLK DANCE GUIDE.** 1960. Paul Schwartz, Editor. P.O. Box 342, Cooper Station, New York 3. Pp. 32. \$1.00.
- GAKAKU.** (music and dances of Japanese imperial household), Robert Garfias. Theatre Arts Books, 333 6th Ave., New York 14. Unpagd. Paper, \$1.00.
- HONOR YOUR PARTNER—TEACHER'S MANUALS #1 AND #2.** (#1 Nursery through 3rd Grade; #2, Grades 4-6), Ed Durlacher. Square Dance Associates, 33 S. Grove St., Freeport, New York. Unpagd. Man. #1, \$1.90; Man. #2, \$2.25.

- RIGHT PLAY FOR YOU.** Bernice Wells Carlson. Abingdon Press, 201 8th Ave. S., Nashville 2, Tenn. Pp. 160. \$2.50; paper, \$1.60.
- SCORED FOR LISTENING: A GUIDE TO MUSIC.** Guy Alan Bockmon and William J. Starr. Harcourt, Brace, 750 3rd Ave., New York 17. Pp. 253. Paper, \$2.50.
- SONGS FOR FUN AND FELLOWSHIP.** Reynolds-McGee. Broadman Press, 127 9th Ave. N., Nashville 3, Tenn. Pp. 55. \$.35.
- STAGE AND THE SCHOOL.** The, Katherine Anne Ommanney. McGraw-Hill, 330 W. 42nd St., New York 36. Pp. 530. \$5.20.
- STAGE MAKEUP** (3rd ed.), Richard V. Corson. Appleton-Century-Crofts, 35 W. 32nd St., New York 1. Pp. 211. \$6.50.
- STAGE SCENERY.** A. S. Gillette. Harper & Bros., 49 E. 33rd St., New York 16. Pp. 315. \$8.00.
- SWING YOUR PARTNER.** (for SABT with dancers), arranged by Gladys Pitcher. Harold Flammer, 251 West 19th St., New York 11. Pp. 24. \$.60.

#### Juvenile Delinquency

- CHARACTER DISORDERS IN PARENTS OF DELINQUENTS.** Beatrice Simcox Reiner and Irving Kaufman, M.D. Family Service Assoc. of Amer., 215 Park Ave. S., New York 3. Pp. 179. Paper, \$2.75.
- LOOK AT JUVENILE DELINQUENCY.** A. Supt. of Documents, U.S. Government Printing Office, Washington 25, D.C. Pp. 50. \$.25.
- OFFICE IN THE ALLEY** (project with gang youngsters), Father Harold J. Rahm, S. J. and J. Robert Weber (edited by Bert Kruger Smith). Hogg Foundation for Mental Health, Univ. of Texas. Austin. Pp. 71. \$.25.
- OUR TROUBLED YOUTH.** Frederick Mayer. Bantam Books, 25 W. 45th St., New York 36. Pp. 117. \$.35.
- REACHING THE FIGHTING GANG.** Donald J. Merwin, Editor. New York City Youth Board, 79 Madison Ave., New York 16. Pp. 305. \$3.00.
- UNDERSTANDING JUVENILE DELINQUENCY.** Lee R. Steiner. Chilton Co., 56th & Chestnut Sts., Philadelphia 39. Pp. 199. \$3.95.

#### Youth

- AID TO DEPENDENT CHILDREN.** Natl. Social Welfare Assembly, 345 E. 46th St., New York 17. Pp. 36. \$.50.
- BOOKS, YOUNG PEOPLE AND READING GUIDANCE.** Geneva R. Hanna and Marianna K. McAllister. Harper & Bros., 49 E. 33rd St., New York 16. Pp. 219. \$3.50.
- CHILDREN'S VIEWS OF THEMSELVES.** Ira J. Gordon. Assoc. for Childhood Education Internatl., 1200 15th St., N.W., Washington 5, D.C. Pp. 36. \$.75.
- 838 WAYS TO AMUSE A CHILD.** June Johnson. Harper & Bros., 49 E. 33rd St., New York 16. Pp. 216. \$3.95.
- GUIDANCE OF THE YOUNG CHILD.** Louise M. Langford. John Wiley, 440 Park Ave. S., New York 16. Pp. 349. \$6.25.
- HOW TO USE ROLE PLAYING EFFECTIVELY.** Alan F. Klein, pp. 61; **HOW TO HELP GROUPS MAKE DECISIONS.** Grace L. Elliott, Editor, pp. 64; **HOW TO WORK WITH TEEN-AGE GROUPS.** Dorothy M. Roberts, pp. 62. Association Press, 291 Broadway, New York 7. \$1.00 each.
- NATION'S CHILDREN.** The—Vol. I: The Family and Social Changes, pp. 252; Vol. II: Development and Education, pp. 242; Vol. III: Problems and Prospects, pp. 242. All edited by Eli Ginzberg. Columbia Univ.

Press, 2960 Broadway, New York 27. \$4.50 each.

**TEEN-AGE YEARS.** The, Arthur Roth, M.D. Doubleday, 575 Madison Ave., New York 22. Pp. 288. \$3.95.

**30 PROGRAMS FOR YOUNG PEOPLE.** B. Hoyt Evans. Baker Book House, 1019 Wealthy St., S.E., Grand Rapids 6. Pp. 106. Paper \$1.50.

### Periodicals

**APPALACHIA.** Appalachian Mountain Club, 5 Joy Street, Boston, Massachusetts. \$4.00 annually (12 issues), \$1.25 per copy (\$1.00 to members).

**BETTER CAMPING.** Kalmbach Publishing Company, 1027 North 7th St., Milwaukee 3, Wisconsin. Bimonthly, \$2.00 annually.

**NATIONAL WILDLANDS NEWS.** 2607 Connecticut Avenue, Washington 8, D. C. Monthly (exc. Aug.), \$1.00 annually, \$.10 per copy.

### Magazine Articles

**ADULT LEADERSHIP, May 1960**

Special Issue on Problems of Education for the Aged and Aging.

June 1960

A Deeper Look at Volunteers, Arthur Blumberg and Seth Arsenian.

Members Have Responsibilities, Too (advisory committees), David S. Brown.

**CATHOLIC CHARITIES REVIEW, June 1960**

Cooperation of Professional and Volunteer Staff, Rita E. Cobb.

**JOHNER, May-June 1960**

First Lessons in Archery, Lura R. Wilson. What You Should Know Before Teaching Oral Resuscitation, Earl H. Brown.

**MENTAL HOSPITALS, June 1960**

Volunteers Take a Look at Themselves, Herbert F. Shaw.

The Urban Facility and Community Liaison, Leonard Cammer, M.D. and Eugene N. Dye, M.D.

**MUSIC JOURNAL, June-July 1960**

Why Folk Festivals? Al Grossman and George Wein.

**PARK MAINTENANCE, June 1960**

Boston Garden Draws 45,000 Daily for Arts Festival.

**PARKS AND RECREATION, July 1960**

Recreation After Revolution (Cuba). On File, Harold Schick.

**SENIOR CITIZEN, June 1960**

Backyard and Sidewalk Naturalists, Esther Hoge.

Old Folks in the Home, W. W. Bauer.

Luearlam Manor Retirement Home, Jennie McMaster.

**TODAY'S HEALTH, June 1960**

Whack That Ball, Grandpa! Dennis Orphan and Earl S. Haines.

Why Campers Go East, George Laycock.

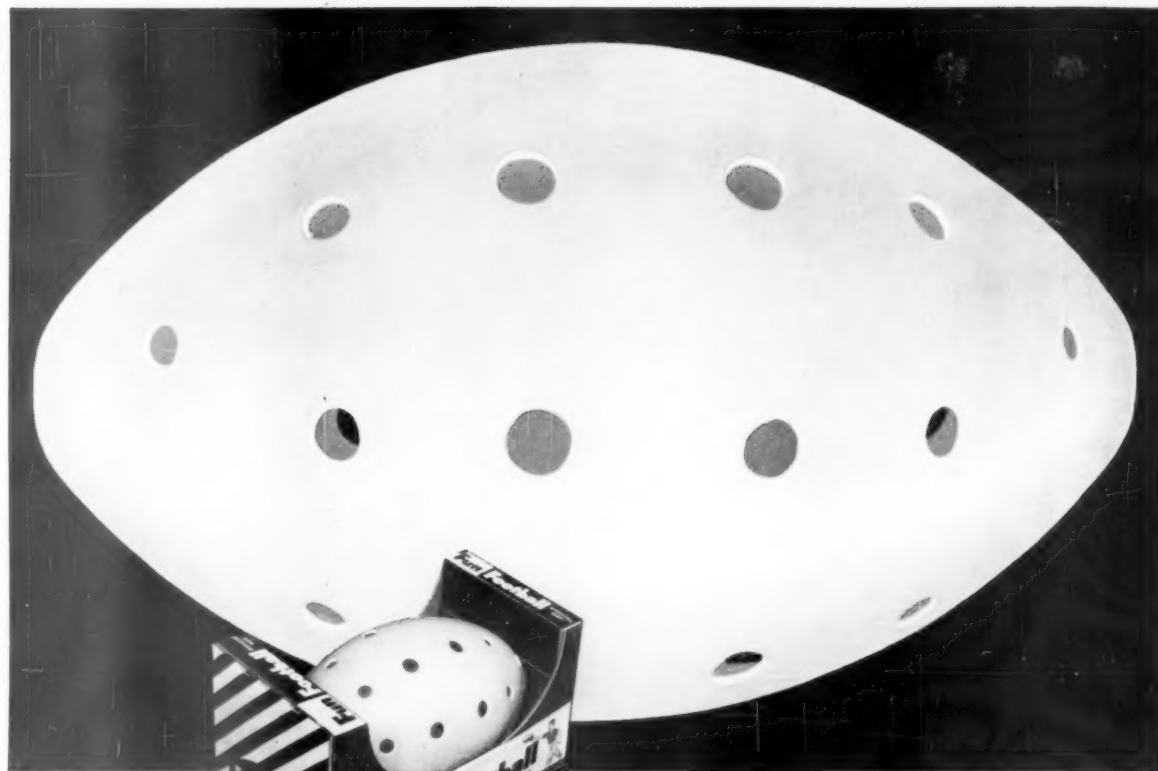
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The Fourth Used To Be Fun, Helen Fislar Brooks.

How To Take Pictures Under Water, James Godfrey Harmount.

Take Your Son on a Camping Trip, Willard Abraham, Ph.D.





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THE ECONOMICAL PRACTICE BALL  
for Indoor and Outdoor Passing, Touch or Flag Ball

**BE SURE TO TRY THIS AMAZING NEW BALL**

**ASK YOUR SCHOOL SUPPLY DEALER FOR DEMONSTRATION**

You will be delighted with the natural feel, the ease and certainty of handling built into this newest SAFE-T-PLAY product. Even grade school boys handle it deftly and pass with astonishing precision. Fun Football definitely passes better than the most expensive balls . . . yet costs far less! SAFE-T-PLAY design makes it safe for indoor fun and practice.

For touch or flag ball games, Fun Football is perfect . . . as it is for plays and teaching the art of passing. Only 9 ounces in weight . . . light enough for small boys . . . yet it's an amazingly durable professional size ball that meets high school and college standards. It's top quality because it's a COSOM SAFE-T-PLAY product; so at \$2.00 it's really a bargain!

FUN BALLS • SCOOP BALL • SAFE-T-BAT • PEE GEE BEE • SAFE-T-MALLET • BOWLITE

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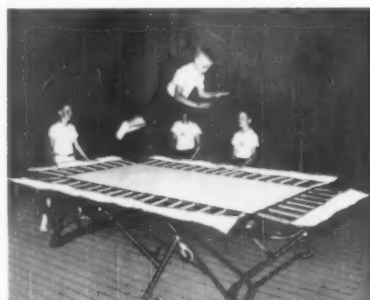
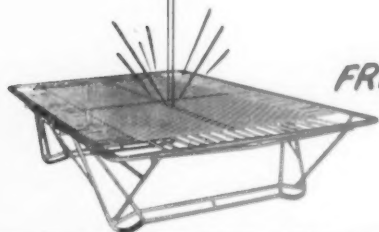


# Put More

# JUMP

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all the boys (and girls) can participate!



American Trampolines fold up easily and  
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A.A.U. and N.C.A.A. specifications  
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